

DANVILLE • CALIFORNIA

PROCLAMATION

RECOGNIZING FEBRUARY 2023 AS AMERICAN HEART MONTH

WHEREAS, in the United States, more than 120 million people are living with a cardiovascular condition; and

WHEREAS, in the United States, heart disease has long been the leading cause of death, claiming nearly 700,000 lives a year; and

WHEREAS, the best way to prevent heart disease is sustaining a healthy lifestyle by eating a heart healthy diet, not smoking, limiting alcohol beverage consumption and exercising daily; and

WHEREAS, achieving high survival rates in sudden cardiac arrest depends on a public that is trained in cardiopulmonary resuscitation (CPR) and the use of an automated external defibrillator (AED); and

WHEREAS, Contra Costa County Health Services has designated the Town of Danville as a HeartSafe Community in partnership with the City of San Ramon, the San Ramon Valley Fire Protection District, the San Ramon Valley Unified School District, and the Contra Costa County Emergency Medical Services, where the public is educated on heart-healthy lifestyles of exercise, nutrition, and knowing how to use CPR and an AED; and

WHEREAS, the Town of Danville will work in conjunction with the San Ramon Valley Emergency Preparedness Citizen Corps Council and Contra Costa County Emergency Medical Services to continue to educate the public on maintaining a heart-healthy lifestyle; now, therefore, be it

RESOLVED, that the Danville Town Council hereby proclaims the month of February 2023 as American Heart Month, rededicating ourselves to fighting heart disease by improving our own heart-healthy habits, and by raising awareness in our homes and creating a Heartsafe Community.

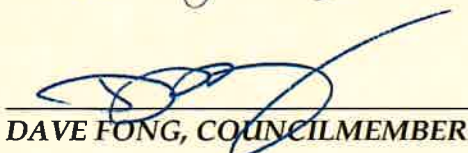
IN WITNESS WHEREOF, We have hereunto set our hands this 21st day of February 2023.


ROBERT STORER, MAYOR


KAREN STEPPER, VICE MAYOR




RENEE S. MORGAN, COUNCILMEMBER


DAVE FONG, COUNCILMEMBER


NEWELL ARNERICH, COUNCILMEMBER