

DANVILLE AGE-FRIENDLY ROADMAP

2022



ACKNOWLEDGMENTS

Many thanks to the following organizations and volunteer advisory groups for their support for and participation in envisioning and activating the 2022 Town of Danville Age-Friendly Roadmap.

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EXECUTIVE SUMMARY

The **Danville Age-Friendly Roadmap** charts a course of action to promote health equity across the life span and enable residents of all ages to stay connected and engaged in their communities.

COMMUNITY-DRIVEN PROCESS

Developed through a dynamic and community driven process, the Age-Friendly Roadmap reflects the needs, interests, and priorities of a diverse cross-section of Danville community members. It also builds on community engagement findings and programming for seniors resulting from the 2017 Danville Parks, Recreation and Arts Strategic Plan Update.

Over three hundred community members participated in a broad range of outreach activities including:

- Intercept Events
- Online Questionnaire
- Senior Advisory Commission Work Sessions

VISION

Small town atmosphere, outstanding quality of life.



MISSION

The Town of Danville's mission statement is to deliver superior municipal services that make people's lives better. We:

- Keep residents, businesses, and property safe
- Provide well-maintained public facilities
- Protect our environment, preserve our history, and retain the distinctive character
- Celebrate diversity, dignity, and equality for all members of our community
- Provide opportunities that support residents' growth and enrichment
- Promote and support economic vitality and growth
- Represent and promote Danville's best interests
- Celebrate community through family oriented special events
- Engage and communicate with residents and businesses effectively

CALL TO ACTION

The Age-Friendly Roadmap provides tools for the Town of Danville, the Senior Advisory Commission, and the community to improve the quality of life for residents of all ages. To achieve the community's vision, we encourage Town partners and community stewards to commit to taking action in your own spheres of influence. Within the five livability domains highlighted on the following pages, we outline strategies that are responsive to our community's needs and aligned with international age-friendly best practices.¹ With the energy, commitment, and passion of all of us working together, we will achieve our vision of an age-friendly Danville, where all residents are valued and thrive.

¹World Health Organization (2007), Global Age-friendly Cities: A Guide.

LIVABILITY DOMAINS

TRANSPORTATION

Provide accessible, safe, convenient, and affordable travel options—including public transit, rideshare, walking, and biking—to get people of all ages where they need to go.

HOUSING

Assure that older people can age in place—stay in their homes and communities for as long as possible—and have a diverse range of housing options that are accessible, safe, convenient, and affordable.



SOCIAL CONNECTIONS AND COMMUNITY SUPPORT

Create opportunities for intergenerational and multicultural interaction that promote health and wellness and connect people of all ages to a diverse array of resources and services available in Danville.

OUTDOOR AND INDOOR FACILITIES

Provide people of all ages and abilities with indoor and outdoor places to gather, exercise, socialize, and access services to support active and healthy lifestyles.

ACTIVITIES AND PROGRAMS

Offer a wide variety of learning, fitness, social, multicultural, and intergenerational activities for people of all ages, abilities, and incomes to enjoy.



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CHAPTER 1

INTRODUCTION AND CONTEXT

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INTRODUCTION AND CONTEXT

One of the biggest demographic trends in Danville, and in many places across the nation, is the aging of our population. Between 2000 and 2020, the percentage of Danville residents that are 65 years and older increased from 10% to 18.4%. In 2021, the Town of Danville and the Senior Advisory Commission developed this Age-Friendly Roadmap that outlines goals and strategies to make Danville even more livable and better able to support people of all ages.

Danville Community

As you can see from our vision statement, Danville is an outstanding place to live. Its quaint small-town charm, and reputation for being one of the safest cities in California, draws long-time residents and visitors alike. With views of Mt. Diablo, the Town offers an array of parks, trails, and arts and recreation activities for all ages. We take our mission to heart and work hard to be accessible and responsive to our entire community.

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- Provide opportunities that support residents' growth and enrichment
- Promote and support economic vitality and growth
- Represent and promote Danville's best interests
- Celebrate community through family oriented special events
- Engage and communicate with residents and businesses effectively

DEMOGRAPHICS (AGE, GENDER, RACE/ETHNICITY)

With a 2020 population of 43,582, Danville has increased nearly 3.5% since the most recent census, which recorded a population of 42,039 in 2010.² As discussed, Danville is aging, with the U.S. Census Bureau 2019 American Community Survey indicating that 18.4% of residents are sixty-five or older. The median age in Danville is 45.7 years, which is about 20% higher than the figure in the San Francisco-Oakland-Berkeley, CA Metro Area and about 25% higher than the figure in California.³

The 2020 census also shows that 70.8% of the total population is white alone, 15% is Asian alone, 11% is two or more races, and 9% is Hispanic or Latino.⁴

The U.S. Census Bureau 2019 American Community Survey indicates that the vast majority, 83.72%, of Danville residents speak only English, while 16.28% speak other languages. The non-English language spoken by the largest group is Asian and Pacific Island languages, which is spoken by 6.88% of the population. Roughly 68% have either a bachelors or graduate degree, and the median household income in Danville is \$160,808 with a poverty rate of 3.44%. The median rental costs in recent years comes to \$2,489 per month, and the median house value is \$1.09 million.⁵

² U.S. Census Bureau, 2020: DEC Redistricting Data (PL 94-171)

³ Please note that due to the pandemic, 2020 Census data for age breakdown is not available, so we used the 2019 American Community Survey Population 60 Years and Over in the United States.

⁴ U.S. Census Bureau, 2020: DEC Redistricting Data (PL 94-171)

⁵ Please note that due to the pandemic, 2020 Census data for languages spoken, education, income, and housing costs is not available, so we used the 2019 American Community Survey Population 60 Years and Over in the United States.

Plan Purpose and Development

The Danville Age-Friendly Roadmap is designed to:

- Outline goals and strategies to make Danville more livable and better able to support people of all ages.
- Help people to stay in their communities as they age and as their needs change.
- Improve the quality of life for the very young, the very old, and everyone in between!

This Roadmap is intended for use by Town staff, Senior Advisory Commission members, collaborating agencies and organizations, and other decision makers to ensure the high quality of life enjoyed by Danville residents and visitors is equally accessible to all age groups.

The planning process, led by MIG, Inc., included three phases:

Phase 1: Where are we now?

Phase 2: Where do we want to be?

Phase 3: How do we get there?



These three phases encompass efforts to identify current conditions, determine the community's future vision, and create a dynamic plan for achieving the established vision. The Roadmap also builds on community engagement findings and programming for seniors resulting from the *2017 Danville Parks, Recreation and Arts Strategic Plan Update*.

Why This Work is Important

THE AGE WAVE

The largest generation in America's history, fondly known as the Baby Boomers, is aging. Simultaneously, due to advances in health care, people are living longer. This convergence has thrust our country into an age wave. In 2032, the population age 65+ will exceed the number of children under age 15 for the first time in our history and by mid-century, one in five U.S. residents is expected to be aged 65 years or over.

In Danville, the largest increase in 2020 population, compared to 2000, was the 65+ age group, who jumped from 10 to 18% of the population.

AGING IN PLACE

The U.S. Centers for Disease Control and Prevention defines aging in place as "the ability to live in one's own home and community safely, independently, and comfortably, regardless of age, income, or ability level." As the aging population grows and their needs change, Danville wants to ensure that our community supports aging in place. To do that, we know we need to look at factors such as land use, housing and transportation, as well social and community connections.

EQUITY AND SOCIAL JUSTICE

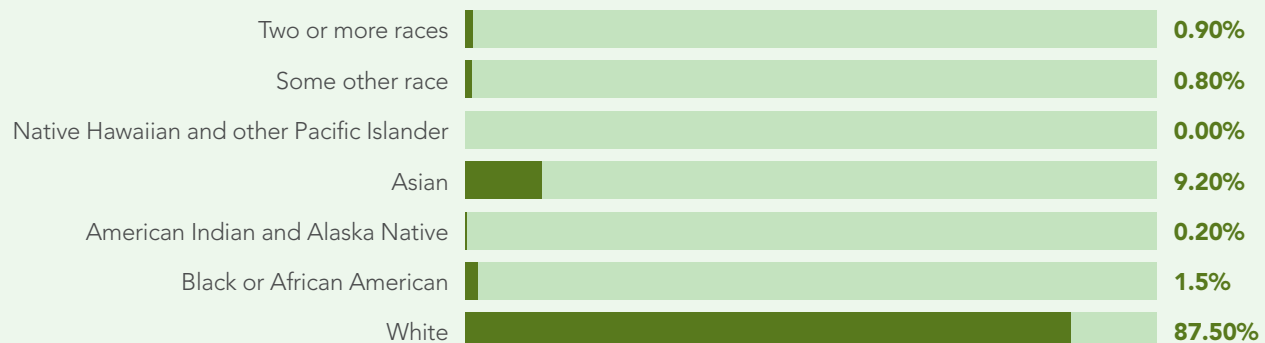
Danville is committed to implementing the Age-Friendly Roadmap in a way that supports optimal aging for all of Danville's residents, including people of color, immigrants, English language learners, LGBTQ community members, and women. **Figure 1** illustrates the race for Danville residents over 60 years of age.

According to the U.S. Census Bureau 2019 American Community Survey Population 60 Years and Over in the United States: ⁶

- Thirty-two percent (32%) of seniors living in Danville are living alone.
- The mean Social Security Income in Danville is \$25,751 per year.
- Thirty-five percent (35%) of seniors in Danville are employed.
- Thirteen percent (13%) of seniors in Danville are veterans.

⁶ Please note that due to the pandemic, 2020 Census data broken down by age group is not available, so we used the 2019 American Community Survey Population 60 Years and Over in the United States.

FIGURE 1: RACE FOR DANVILLE RESIDENTS 60 AND OVER



U.S. Census Bureau (2019). American Community Survey Population 60 Years and Over in the United States



CHAPTER 2

COMMUNITY ENGAGEMENT: UNDERSTANDING THE NEEDS

CHAPTER 2

COMMUNITY ENGAGEMENT: UNDERSTANDING THE NEEDS

The Age-Friendly Roadmap was developed through a community-driven process and engaging with Danville residents was integral to each phase of the planning process. Through the public outreach program, the Town of Danville engaged over three hundred community members through the following activities:



- **Commission Baseline Matrix.** The Senior Advisory Commissioners inventoried senior services and needs with the goal of providing a snapshot of Danville’s age-friendliness today, including availability of services (e.g., health care, recreation, food), transportation options, housing options, and other aspects that make aging in place possible.
- **Online Questionnaire.** The online questionnaire was an 18-question survey focused on the needs of older adults. Questions related to how respondents use available services, their satisfaction with those services, what types of programs and facilities they would like to see more of.
- **Intercept Events.** Danville staff and Commissioners brought interactive poster boards to locations throughout Danville to solicit people’s opinions on the needs of older adults, as well as the services older adults use and would like to use. The six intercept events gathered responses from over one hundred people and reached community members that may not normally attend traditional engagement events, such as meetings or workshops.
- **Senior Advisory Commission Work Sessions.** The Senior Advisory Commission held three work sessions to receive updates on the planning process and provide direction. Commissioners helped shape and conduct the community outreach program and provided key insights into the Roadmap framework.

Community Involvement Findings⁷

Key themes that emerged from the engagement activities and subsequently guided plan developed are summarized below.

COMMISSION BASELINE MATRIX

- Recreation options are well-covered, especially by the Town. There will be opportunities to continue to broaden and adjust offerings, and current practices and trajectories mean the Town will evolve.
- Contra Costa County is a strong provider of and conduit to services. Are there additional ways the Town can further leverage the County's strengths to increase age-friendliness in Danville?
- Most available resources (outside of the recreation realm, which offers more options) are designed for aging adults with health or mobility issues or those who have made the decision to move into age-segregated housing or participate in age-segregated programs.
- Further developing the "hub for resources" concept and how this will be sustained and carried forward seems like a strong direction that would have a tangible positive impact on Town residents and could be more inclusive of different ages and situations. There are so many resources already mapped out on this matrix, but many are targeted and probably hard for a general resident who isn't necessarily in a crisis to access.
- Even with the "hub for resources" concept, there appears to be a need for more transportation and housing/aging in place options. A review of the Open Town Hall survey seems to confirm that residents feel that way too.

The full matrix can be found in **Appendix A**.

SURVEY

- Nearly 75% of respondents said recreation, social and educational programs are needed to comfortably grow old in Danville.
- Participants (73%) overwhelmingly said not knowing where to look for information was a challenge.
- Over 60% of respondents felt the most pressing concern is staying connected.
- Over 60% of respondents have participated in an adult or senior program, service, or activity in the past three years.
- Participants noted a wide range of issues impacting adults and seniors in Danville. The rising cost of living was selected by a majority or just over 50% of respondents.
- Over 50% of respondents said an adult or senior in their household use exercise classes.
- Reasons varied widely for why respondents do not participate in adult/senior programs, services, or activities.

INTERCEPT EVENTS

- The three most pressing needs for supporting adults and growing older in Danville was staying connected to family, friends, and community members; accessing health care; and the high cost of health care.
- Local community resources, special events, and exercise classes are the top three services and programs that are used by seniors in a household.
- The top four services people want to see more of are recreation, social and educational programs, natural areas, and access to transportation.

⁷ Full summaries of findings from the Community Survey, Intercept Events, and Strategic Planning Workshop with the Senior Advisory Commission can be found in Appendix D.



SENIOR ADVISORY COMMISSION WORK SESSIONS

Three work sessions were held with the Senior Advisory Commission. At the first work session on October 28, 2020, the team set the context of the Roadmap, demographics, and role of the Senior Advisory Commission. The commissioners were invited to share their vision for seniors in Danville, key needs for seniors and ideas for moving forward. The ideas shared are reflected below.

- **Community**—Address loneliness and foster social networks for seniors.
- **Culture and Diversity**—Foster a culture of respect and multiculturalism.
- **Economic Growth**—Support economic growth for seniors.
- **Facilities and Resources**—Expand the senior center and create a centralized hub for resources.
- **Health and Well Being**—Address mental health services and support systems, physical activity, and overall health for seniors.

- **Housing and Assisted Living**—Provide more housing and more independent and assisted living options for seniors.
- **Inclusive and Multi-Generational**—Support multi-generational, inclusive, and integrated spaces and programs.
- **Sustainable**—Promote green and eco-friendly services, programs, and values.
- **Transportation and Mobility**—Provide safe transportation options, shuttle services and improved mobility for Danville seniors.

The second work session, on January 27, 2021, was designed to discuss the community outreach plan. After MIG shared the proposed plan, the commissioners were invited to share their ideas and feedback for the activities, including the Open Town Hall Survey, Commission Outreach, Pop-up, and intercept outreach.

At the final work session on August 13, 2021, the MIG team shared the results and findings from the engagement activities that were conducted including

the Open Town Hall Survey, Pop-up, and intercept outreach. The team also shared the initial Roadmap strategies and domains of livability for feedback in small groups. The preferred strategies the group highlighted are below⁸.

- **Transportation:** Partner with senior living communities, shuttle services, and volunteer local drivers to improve transportation access.
 - o Provide readily accessible mobility personal transports (electric wheelchairs, walkers) strategically placed in Danville community
- **Social Connections & Community-Building:** Ensure Danville has a range of housing options, including affordable options, which enable residents to stay in the area through all phases of life.
 - o Encourage affordable housing near downtown and other walkable areas
 - o Continue the pre-packaged ADU program
 - o Encourage development of affordable senior living facilities with varying degrees of assistance
 - o Consider the impact of raising property taxes and increasing utility and water costs on residents with fixed incomes, especially retired citizens, and provide programs that help people with these costs.
- **Outdoor & Indoor Facilities:** Provide more flexible recreational facilities for people of all ages and abilities.
 - o Year-round aquatic facilities
 - o Convert tennis courts to include pickleball
 - o Add pickleball courts



- **Activities & Programs:** Offer a wide variety of learning, fitness, social, multicultural, and intergenerational activities for people of all ages, abilities, and incomes to enjoy.
 - o Create affordable interesting multigenerational and cultural programs
 - Senior trips
 - Organized volunteer activities
 - Senior programs downtown
 - Add drop-in class options for people who can only attend one or a few classes due to traveling
 - Offer a sliding fee scale so lower income residents can afford to participate
 - o Provide more emergency training for seniors and adults
 - Create an emergency response plan for seniors and adults with limited mobility, minimal local family support and chronic health issues

⁸ After the August 13 work session, the Senior Advisory Commission added a new domain of housing and related strategies.



CHAPTER 3

DOMAINS OF LIVABILITY

CHAPTER 3

DOMAINS OF LIVABILITY

Danville is committed to making the town a wonderful place for people of all ages and abilities to grow up and grow old. **Diagram 1** is the overall Strategic Plan Framework for the Age-Friendly Roadmap. The Roadmap focuses on improvements in five areas that affect the health and quality of life for older adults. Three of the domains relate to the built environment—transportation; housing; and outdoor and indoor facilities. The other two domains relate to the social environment—social connections and community support and activities and programs.

TRANSPORTATION

Provide accessible, safe, convenient, and affordable travel options—including public transit, rideshare, walking, and biking—to get people of all ages where they need to go.

HOUSING

Assure that older people can age in place—stay in their homes and communities for as long as possible—and have a diverse range of housing options that are accessible, safe, convenient, and affordable.



SOCIAL CONNECTIONS AND COMMUNITY SUPPORT

Create opportunities for intergenerational and multicultural interaction that promote health and wellness and connect people of all ages to a diverse array of resources and services available in Danville.

OUTDOOR AND INDOOR FACILITIES

Provide people of all ages and abilities with indoor and outdoor places to gather, exercise, socialize, and access services to support active and healthy lifestyles.

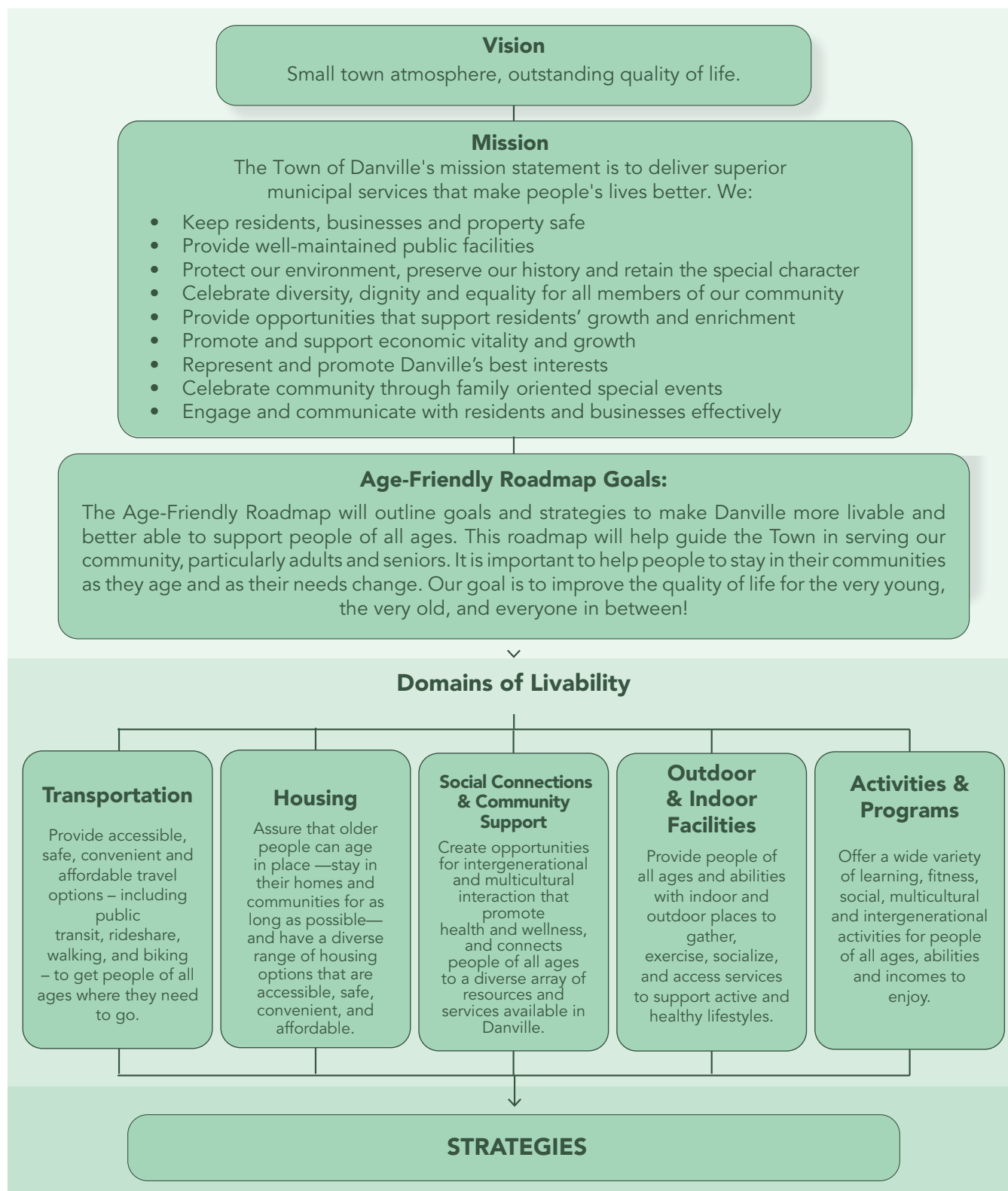
ACTIVITIES AND PROGRAMS

Offer a wide variety of learning, fitness, social, multicultural, and intergenerational activities for people of all ages, abilities, and incomes to enjoy.

DIAGRAM 1: STRATEGIC PLAN FRAMEWORK



Age-Friendly Roadmap: Strategic Plan Framework





CHAPTER 4

PRIORITY STRATEGIES BY DOMAIN

CHAPTER 4

PRIORITY STRATEGIES BY DOMAIN

Transportation

Provide accessible, safe, convenient, and affordable travel options—including public transit, rideshare, walking, and biking—to get people of all ages where they need to go.

STRATEGIES UNDERWAY

1. Partner volunteer local drivers to improve transportation access.
2. Create safe and well-maintained streets, sidewalks and crosswalks for pedestrians, bicyclists, and motorists (e.g., well-lit, no trip hazards, traffic enforcements).
3. Continue implementation of the Townwide Bicycle Master Plan, passed by the Town Council on July 6, 2021.



NEW STRATEGIES

1. Inventory current transportation services and partnerships in and around Danville and communicate the findings with the community.
2. Partner with senior living communities and shuttle services to improve transportation access.
3. Provide local shuttle transportation in downtown Danville.
4. Provide an environmentally sustainable transportation service to take seniors to medical appointments, Friday senior meal pickups, senior trips, remote parking, shopping, etc. This service should not require a phone app.
5. Collaborate with County Connection to offer more transit buses and paratransit vehicles in Danville.
6. Provide readily accessible mobility personal transports (electric wheelchairs, walkers) strategically placed throughout Danville.
7. Apply for grants to provide additional transportation options for people of all ages.
8. Close Hartz Ave between Hartz Way and Diablo Rd to vehicular traffic to create a permanent walking street.
9. Monitor parking lots for safety.
10. Beautify freeway interchanges into Danville.

Housing

Assure that older people can age in place—stay in their homes and communities for as long as possible—and have a diverse range of housing options that are accessible, safe, convenient, and affordable.

STRATEGIES UNDERWAY

1. Encourage expansion of accessory dwelling units (ADUs) and detached ADUs for a range of ages, incomes, abilities, and family sizes.
2. Continue Danville's pre-packaged ADU program.

NEW STRATEGIES

1. Expand the range of housing options for a variety of incomes to enable residents to stay in the community through all phases of life.
2. Explore innovative housing models (e.g., home sharing, dementia-friendly housing, cooperative housing, and partnerships among senior living communities).
3. Encourage development of affordable housing and senior living facilities, near downtown and other walkable areas, which allow for varying degrees of independent and assisted living.
4. Consider the impact of raising property taxes and increasing utility and water costs on residents with fixed incomes, especially retired citizens, and provide programs that help people with these costs.
5. Promote independent and assisted living housing options for people with disabilities.
6. Provide convenient access to programs and services such as home repairs, Meals on Wheels, paratransit, multi-generational community facilities, etc.



Social Connections and Community Support

Create opportunities for intergenerational and multicultural interaction that promote health and wellness and connect people of all ages to a diverse array of resources and services available in Danville.

STRATEGIES UNDERWAY

1. Create more opportunities for seniors, adults, and youth to interact and get to know each other (e.g., meet-up groups, music classes, volunteer opportunities, community gardens, activities with grandchildren, park clean up, trips to nearby parks, mentoring, technology lessons, coffee/tea talks, more time after or before classes, etc.).
2. Create and promote more events that build a community atmosphere (e.g., concerts in the park, multigenerational events, outdoor and indoor evening events, holidays, and cultural celebrations, May the 4th Be with You Star Wars event, and July 4th parade, etc.).

NEW STRATEGIES

1. Improve communication and outreach for available programs and services for seniors and other community members of all ages and abilities.
2. Represent the values and beliefs of Danville. Encourage dignity, kindness, and respect for people of all ages and abilities.
3. Partner with existing organizations or create more partnerships to support social activity and connections (e.g., HOAs, schools, businesses, organizations, churches, senior centers, etc.).
4. Provide resources for caregivers.
5. Provide or expand training for police officers in defusing tense situations.
6. Establish a community liaison or volunteer teams that can connect and check in on seniors and people with disabilities who may face challenges (e.g., internet issues, planning medical care, support during emergencies, etc.). Offer these resources in person, over the phone and online.

Outdoor and Indoor Facilities

Provide people of all ages and abilities with indoor and outdoor places to gather, exercise, socialize, and access services to support active and healthy lifestyles.

STRATEGIES UNDERWAY

1. Inventory existing indoor and outdoor facilities (e.g., theater, art gallery, high school facilities, library, etc.); explore which facilities are underutilized, could be converted and/ or re-purposed for age-friendly community uses, social events, and community-building.
2. Provide flexible recreational facilities, gathering spaces and universal play environments (e.g., year-round aquatic facilities, additional pickleball courts, cooling centers) for people of all ages and abilities.
3. Maintain full service senior centers that can serve as a centralized hub for assistance, information, recreation, resources, and services.
4. Add, maintain, and preserve parks, gardens, green space, open space, and walking trails for residents of all ages and abilities.
5. Provide amenities for indoor and outdoor facilities (e.g., parking, benches, shaded seating areas).
6. Enforce leash laws to ensure safe and comfortable environments for all facility users.



Activities and Programs

Offer a wide variety of learning, fitness, social, multicultural, and intergenerational activities for people of all ages, abilities, and incomes to enjoy.

STRATEGIES UNDERWAY

1. Provide opportunities for outdoor activities (e.g., bocce ball, golf, and pickleball) and exercise classes (e.g., less-intensive hiking classes, aquatics classes, and golf lessons).
2. Provide opportunities for classes and services to assist with living a full and stable lifestyle (e.g., tax and financial seminars, technology support programs, emotional support programs, life coaching, informational workshops, etc.).
3. Increase community awareness of existing activities and programs (e.g., newsletters, tabling at community events, etc.).



NEW STRATEGIES

1. Create affordable and interesting multigenerational and cultural programs (e.g., senior trips, organized volunteer activities, mentorship between seniors and students based on their interests, cultural celebrations, etc.) and offer them at various times of day.
2. Create an emergency response plan for seniors and adults with limited mobility, minimal local family support and chronic health issues.
3. Provide more emergency training for seniors and adults.
4. Establish a mentoring program that connects seniors and adults with students and younger people using activities such as pen pals or senior "buddy" programs.
5. Provide convenient ways for people to sign up for programs and activities, including drop-in class options.
6. Offer a sliding fee scale to encourage participation of lower income individuals or people on fixed incomes.





CHAPTER 5

IMPLEMENTATION AND ACCOUNTABILITY

CHAPTER 5

IMPLEMENTATION AND ACCOUNTABILITY

Prioritization Criteria

The prioritization criteria reflect the values expressed by the community during the engagement efforts. These prioritization criteria should be used to guide decision making and project sequencing, as well as to rank projects to meet community needs.

Danville should prioritize, plan, and implement projects that:

- Expand social networks for seniors
- Foster a culture of respect and multiculturalism in Danville

- Support multi-generational, inclusive spaces and programs
- Strengthen the centralization of information and resources
- Promote green and eco-friendly services and programs

See **Appendix B** for more detailed descriptions and guiding questions for the criteria.

TABLE 1: PRIORITIZATION CRITERIA SCORES

PROJECT	PRIORITIZATION CRITERIA					TOTAL
	Expands social networks	Fosters a culture of respect and multiculturalism	Supports multi-generational, inclusive spaces and programs	Strengthens centralization of information and resources	Promotes green and eco-friendly services and programs	
Score Range	0-5	0-5	0-5	0-5	0-5	25
Ex. Project 1	5	5	3	4	5	22
Ex. Project 2	3	5	4	3	4	19



Funding and Implementation Strategies

The Danville Town Council has allocated \$500,000 in American Rescue Plan Act (ARPA) funds to implement measures and recommendations identified to support seniors through the “Age-Friendly Roadmap.” The Town will need to continue to diversify and seek new funding sources to meet its Roadmap goals.

- Encourage volunteerism and community-built projects. Some community organizations have the interest and capacity to expand support to seniors.
- Actively pursue partnerships and cost sharing agreements with other agencies.
- Consider voter-supported funding measures when appropriate. The Town should explore the feasibility of voter-supported funding measure to determine whether the community is willing to pay for expanded resources for seniors.
- Continue to pursue grants. The Town should continue to track grants available to public agencies and apply for those that can support projects and programs outlined in the Roadmap. Potential grant funding to support outlined projects and programs can be found in **Appendix C**.

Annual Work Plans

Each year, staff and the Senior Advisory Commission will sit down together to develop a work plan that addresses implementation of the recommendations within the Roadmap. The work plan prioritizes projects and initiatives and defines a lead staff member and lead Commissioner for each project.

Work plan development could occur during a Commission meeting, during which progress on Roadmap implementation can also be evaluated. Prior to the annual work plan meeting, each Commissioner may be asked to provide a maximum of 2 to 3 ideas for projects they would like to champion to Town staff. Staff will collect these ideas and initially evaluate

the ideas using the following criteria (**Appendix B** provides a more detailed description of each criterion):

- Operational Impact
- Capital Improvement Component
- Staff Time
- Time Frame
- Cost

Then, the work plan will be developed and refined within the meeting, using the format provided in **Table 2**. The final work plan will define which staff member and which Commissioner will take the lead on advancing each prioritized project or initiative.

TABLE 2: EXAMPLE WORK PLAN FORMAT

PROJECT OR INITIATIVE	IMPLEMENTATION CRITERIA					TOWN STAFF LEAD AND COMMISSIONER LEAD
	Operational Impact	Capital Improvement Component	Staff Time	Time Frame	Cost	
Ex Project or Initiative 1	+	H	H	10+	\$\$\$	
Ex Project or Initiative 2	+/-	L	L	1-3	\$	



Orienting New Commissioners

The Age-Friendly Roadmap is intended to be the guiding document for the Senior Advisory Commission. When new Commissioners come on board in coming years, they will need to be oriented to the Roadmap and its components. As part of this orientation, Town staff should standardize the onboarding process to ensure new Commissioners have a more detailed understanding of community feedback and the plan for making Danville more age friendly.

The standardized onboarding procedures can include:

- Providing the new Commissioner with a copy of the Roadmap, Chapter 5 of the 2030 General Plan, and the 2017 Danville Parks, Recreation and Arts Strategic Plan Update;
- Meeting one-on-one with the new Commissioner and Commission chair to provide an overview of the strategic directions and the previous year's Annual Work Plan;
- Assigning an existing Commissioner to be a mentor to the new Commissioner; and
- Setting up a guided tour of the system, led by Town staff or assigned mentor

Through a consistent orientation and onboarding process, the shared knowledge contained within this Roadmap will be passed onto future Commissioners, providing the basis for continued progress on implementation through the annual work plan process.



CHAPTER 6

NEXT STEPS

CHAPTER 6

NEXT STEPS



Through a community-driven process, Danville's Recreation, Arts and Community Services Department, in close partnership with the Senior Advisory Commission, created this aspiring Age-Friendly Roadmap. The five livability domains focus and amplify the work ahead to ensure that all Danville residents enjoy the highest quality of life and can age comfortably and with dignity in their own community.

The Roadmap provides direction and guidance but remains flexible enough to allow Danville to respond to new opportunities or adapt in the face of unforeseen challenges. As Danville embarks on its Downtown Master Plan update, this Roadmap provides important insights into how to ensure the town is age friendly. Through the energy and commitment of Town staff, Senior Advisory Commission members, collaborating agencies and organizations, and community members, Danville is positioned to optimize opportunities for health, participation and security and tap the full potential that older people offer the community.



APPENDIX A

AGE-FRIENDLY BASELINE SUMMARY AND MATRIX

Town of Danville
Age-Friendly Baseline Matrix

Step 1: Insert Your Name
Candace Hendra LCSW, Sandra Moody and Steven Freshman

Step 2: Review the Service Areas	Step 3: Populate with Program Examples	Step 4: Identify the Provider		Step 5: Identify Location/Facility					Step 6: Identify Population Served				Step 7: List Other Notes		
Program Service Area	Program Examples	Provider				Location / Type of Facility					Populations Served				Other / Notes
		Town of Danville	Contra Costa County	For-Profit	Nonprofit / Community-Based Organization	State	Town Facility	Danville Senior Center	Park	Other	Not applicable	Adults	Seniors (60+)	People with Disabilities	
Food															
Emergency Food Assistance (e.g. food pantries, nutrition assistance)	The Food Bank of Contra Costa and Solano Counties		X		X					X	X	X	X	X	925-676-7543; access to local food pantries; Drive thru distribution: Pantry, soup kitchen, fresh produce, and food.
Meal Programs (e.g. free meals, meal delivery)	Meals on Wheels-Diablo Region	X	X		X		X			X	X	X			Volunteers deliver to homes 925-937-8609; offers exercise programs, fall prevention, companionship; meals distributed via CC Café.
	Loaves and Fishes - Concord		X	X						X	X	X	X	X	Hot lunches in 5 locations 925-293-4792.
	CalFresh(Food Stamps) (previously SNAP) - Central County Office, Pleasant Hill		X			X				X	X	X	X	X	Monthly stipend on an EBT card for buying food 925-602-9379.
	Senior Nutrition Program - CC Cafes		X							X		X			Available in San Ramon and Walnut Creek.
	Senior Center Café - Friday Frozen Meal Program	X						X					X		
Health and Wellness															
Fitness	Danville Senior Center Fitness Classes (e.g., Yoga, Tai Chi), East Bay Regional Parks, Federal Recreational Senior Lands Pass	X	X		X		X	X	X	X	X	X	X	X	Danville classes listed in quarterly Recreation, Arts and Community Guide, EBRP ebiparks.org, Nat park pass rps.gov/plan your visit/passes.htm.
	Private gyms and studios offer fitness classes	X	X	X			X	X	X	X	X	X	X	X	
Wellness	Community Wellness and Prevention Program - Martinez		X							X				X	
	Geriatric Consultation Team - adjunct to MD providers		X							X		X			
	Assistance League of Diablo Valley - Tele Care - daily call to household clients		X							X		X			
	Town of Danville, surrounding cities, and county programs. Also, many private gyms and studios offer wellness.	X	X	X	X		X	X	X	X	X	X	X	X	Offers seniors fall prevention, caregiver training, and healthy and wellness courses.
	Meals on Wheels		X		X					X	X	X	X	X	
Healthcare (e.g. health screenings, health clinics, and dental care)	CCHS - Contra Costa Health Plan, dental services		X							X				X	
	California Relay Service - Deaf and Hard of Hearing					X				X			X		
	Private Insurance, Welcome to Medicare seminars, HICAP counseling Benefits checkup(NIA)	X	X		X		X						X		
	Blackhawk Medical Walk in Clinic			X						X		X	X	X	Provides drop in treatment for all generations (2 locations).

Program Service Area	Program Examples	Provider				Location / Type of Facility					Populations Served				Other / Notes
		Town of Danville	Contra Costa County	For-Profit	Nonprofit / Community-Based Organization	Town Facility	Danville Senior Center	Park	Other	Not applicable	Adults	Seniors (60+)	People with Disabilities	Other	
Mental Health	Dental Clinics Contra Costa County		X		X				X		X	X	X		Dental services for Medi-Cal/Dental-Cal.
	Diablo Valley College		X						X		X	X	X		Dental hygiene, cleaning, and x-rays.
	Discovery Counseling - Senior Group	X		X					X			X			
	Peer Counseling Group	X					X					X			
	Adult Mental Health - CCHS		X		X				X		X	X	X	X	
	Contra Costa Crisis Center - dial 211, Crisis and Suicide		X						X					X	
	Friendship Line Institute of Aging SF				X				X		X	X	X		Crisis intervention program to provide emotional support, information, and referrals.
	Adult Mental Health Services of Contra Costa		X		X				X		X	X	X		Mental health services for Medi-Cal.
	George & Cynthia Miller Wellness Ctr		X		X				X		X	X	X		Behavioral health services.
	Mental Psychiatric Services Contra Costa		X		X				X		X	X	X		Comprehensive treatment with meds, evaluation, placement, etc.
	Coast 2Coast RxCard, HICAP Counseling, Needy Meds, Partnership for Prescription Assistance, Patient Advocate Foundation, Rx Assist				X					X	X	X			Hub for Resources Guide 1/2020.
	Choice in Aging - Pleasant Hill				X				X			X			On site adult day care, programs for Alzheimer's patients as well.
Adult Care	Diablo Assistance League, Alzheimer's Assoc, Parkinson's Network of Mt. Diablo, Choice in Aging, Eldercare locator, Jewish Family Services, John Muir Senior Services, Cancer Support Network	X	X	X					X		X	X			See all references in Hub for Resources document 1/2020.
Targeted Health Courses	Town of Danville, local surrounding cities, and Contra Costa County	X	X		X		X	X	X		X	X	X		
Medication Discounts	Health Courses for Seniors	X					X					X			
	HICAP Counseling, Needy Meds, Partnership for Prescription Assistance, Patient Advocate Foundation, Rx Assist			X	X					X	X	X	X		Hub for Resources Guide 1/2020.
	Coast2Coast Rx Card			X						X	X	X	X		Discount prescriptions for uninsured and insured
	AARP Prescription Discount Card			X					X			X			
In-Home Services	In Home Support Services HSS		X		X				X		X	X	X		Individuals covered by Medi-Cal.
	Kindred at Home - Pleasant Hill			X					X			X			
	Helpers of Danville			X					X			X			
	Center for Elder's Independence				X				X		X	X	X		Provides all inclusive care with in-home services www.celaiders.org .
	In-Home Supportive Services		X		X				X		X	X	X		Provides housedcleaning, meal prep, personal care for eligible clients.

Program Service Area	Program Examples	Provider				Location / Type of Facility						Populations Served				Other / Notes
		Town of Danville	Contra Costa County	For-Profit	Nonprofit / Community-Based Organization	State	Town Facility	Danville Senior Center	Park	Other	Not applicable	Adults	Seniors (60+)	People with Disabilities	Other	
Program Service Area	Older Adults and Elder Abuse		X		X	X				X		X	X	X	X	Hub for Resources Information 1/2020; any abuse can be reported via a 24-hr line
			X							X			X			Provides day care services as well as services for Alzheimer's patients.
	Insurance Assistance	X	X		X			X		X		X	X	X		See Hub for Resources. Covered California coveredca.com.
		X						X					X			
			X		X					X		X	X	X		Reviews and processes complaints relating to healthy care plans and providers.
			X		X					X						65+ are provided assistance with billing and claims.
	Specialized Health Programs (e.g. Alzheimer's disease, dementia, arthritis, diabetes)	X	X							X			X			CCC support 925-229-8434, Alzheimer association 925-284-7942
		X								X			X			
					X					X					X	
					X					X					X	
Housing			X		X					X		X	X	X		Centralized referral for day services.
			X		X					X		X	X	X		Martinez location offers activities and lunch for adults with dementia in a supervised setting.
	Nutrition		X		X					X		X	X	X		Danville day program for frail elderly with impaired memory - 50+.
			X		X					X		X	X	X		Loaves 925.293.4792 Food Bank 925.676.7543
	Long-Term Care			X						X		X				
	Substance Abuse		X		X					X						Advocates assist seniors in various questions relating to long-care issues.
																925-313-7900
	Substance Abuse			X	X					X		X	X	X		Counseling Center for seniors to discuss mental and health issues via therapist.
				X						X		X	X	X		Referral Line
						X				X					X	US gov't organization
	Senior Housing	X								X		X	X	X		See Hub for Resources document.

Program Service Area	Program Examples	Provider			Location / Type of Facility						Populations Served				Other / Notes
		Town of Danville	Contra Costa County	For-Profit	Nonprofit / Community-Based Organization	State	Town Facility	Danville Senior Center	Park	Other	Not applicable	Adults	Seniors (60+)	People with Disabilities	Other
				X						X			X		
	Sycamore Place Apartments			X						X			X		
	Meadow Wood at Alamo Creek			X						X			X		Low income, HUD subsidized.
	Home Share Contra Costa Episcopal Senior Communities		X		X					X			X	X	Connects homeowners with other seniors to share occupancy.
Assisted Living	Brookdale Diablo Lodge			X						X			X		Continuing Care Retirement Community - independent, assisted, home health, skilled RN.
	Brookdale Danville			X						X			X		Dementia and Memory Care facility as well.
	Danville Village Assisted Living			X						X			X		
	Sunrise of Danville			X						X			X		
	Diablo Senior Homes			X						X			X		
	The Reutlinger Community			X						X			X		
	Magnolia Gardens			X						X			X		
	Danville Housing: Brookdale Diablo Lodge, Sunrise, Reutlinger Ctr, Danville Sr Living, Camino Ramon Home, Magnolia Gardens, Diablo Seniors, Palm Garden, La Pera Mission, Battitudes Mission,	X	X	X						X			X	X	
Supportive Housing and Care Facilities - Section 202 housing															
Home Modification Resources	Tech enhanced life				X					X			X		See Hub for Resources document.
	Contra Costa County Aging & Adult Services	X								X			X		May provide funding through small grants for seniors for home modifications.
Home Modification Resources	Ability Tools				X					X			X	X	Device lending library and reuse center.
	Independent Living Resources				X					X			X	X	Helps residents acquire assistive devices and trains on how to use tools.
Mobility & Transportation															
Shuttle Service	Mobility Matters, CCCConnection	X	X	X						X			X	X	Veterans welcome too. Mobility Matters 925-284-6161. CCC Connection 925-676-7500.
Car Share															
Dial-a-Ride	Caring Hands	X			X										Independent living adults 60+. Also, provide escort, shopping and errands.
Bikeshare															
Public Transportation (e.g. fare subsidy)	See above														
	County Connection	X								X				X	

Program Service Area	Program Examples	Provider				Location / Type of Facility					Populations Served				Other / Notes
		Town of Danville	Contra Costa County	For-Profit	Nonprofit / Community-Based Organization	State	Town Facility	Danville Senior Center	Park	Other	Not applicable	Adults	Seniors (60+)	People with Disabilities	Other
Program Examples	AC Transit	X								X				X	
	BART					X				X				X	
	Amtrak		X							X		X	X	X	Discount for seniors
	County Connection Link	X	X							X		X	X	X	ADA Paratransit service
	UBER			X						X				X	
Recreation	LYFT			X						X				X	
	Danville Park and Recreation Department	X			X		X	X	X			X	X	X	See above
	Acrylic Painting	X						X					X		
	Danville Senior Center	X					X	X	X	X			X		See hub for Resources document 1/2020.
	STEM Club	X						X					X		
Clubs and Organizations	Hiking Club	X						X					X		
	Newcomers, San Damiano Retreat, Danville Rotary, Danville Garden Club, Danville Rotary, Danville Lions Club, Diablo Valley Quilters, Community Churches	X	X		X					X		X	X	X	
	Peer Support Group	X						X					X		
	Writing Group	X						X					X		
	Danville Parks & Rec, Community Churches, Neighboring Community Centers	X			X		X	X	X			X	X	X	
Special Events	Danville community services department	X					X	X	X						See above
	Danville Parks & Rec	X			X		X	X	X			X	X	X	
	Senior Activities - Field Trips	X						X					X		
	Kamanawanaplaya Ukulele Club	X					X						X		
	"I Can Do That!" Performing Arts Center			X						X				X	
Facility Rentals and Reservations	Danville Parks & Rec	X			X		X	X	X			X	X	X	
	Danville Community Center	X					X							X	

Program Service Area	Program Examples	Provider				Location / Type of Facility					Populations Served				Other / Notes
		Town of Danville	Contra Costa County	For-Profit	Nonprofit / Community-Based Organization	State	Town Facility	Danville Senior Center	Park	Other	Not applicable	Adults	Seniors (60+)	People with Disabilities	
Multi-Cultural Affinity Groups	Danville Parks & Rec	X			X		X	X	X			X	X	X	
	Korean Community Center of the East Bay			X	X					X		X	X	X	Bilingual services, support groups, and case management.
	Jewish Family and Community Services of the East Bay			X	X					X		X	X	X	Bilingual services, support groups, and case management.
Career and Education															
Workforce Assistance	America Job Center of California East Bay		X		X					X		X	X		Training, employment resources, etc.
Resources for Jobseekers	Senior Community Service Employment Program (SCSEP) - www.dol.gov				X					X			X		
	EDD - Services for Older - www.edd.ca.gov					X									
	ENCORE and mentorship				X					X					
Lifelong Learning (e.g., classes teaching a variety of topics)	Oasis Lifelong Adventure - www.oasisnet.org			X						X		X			Encore Network is a coalition of leaders who champion the civic, social, and economic contributions of people 50+ by creating community, stimulating learning.
	UC Berkeley Older Lifelong Learning Institute(OLLI) - www.ollli.berkeley.edu			X						X			X	X	Offers tech courses as well
	AARP, Diablo Valley College, GenOne Gateway Center of Learning		X		X					X	X	X	X	X	
	Road Scholar				X					X		X	X	X	Learning through travel adventures.
	Other Lifelong Learning Institute				X					X		X	X	X	50+ classes and activities offered on various campuses.
Technology	Technology Classes	X						X				X			
	Parks and Rec, Diablo Valley Community College: SR	X	X		X		X	X	X	X	X	X	X	X	
	AARP - webinars			X					X			X			
Emergency Preparedness															
Emergency Preparedness for Seniors and Caregivers	CCC Sheriff's Community Warning System - via cell phone		X							X		X			
	CCC Area Agency on Aging		X							X		X			
	CCC Website - contracosta.ca.gov		X							X				X	Several publications to help prepare for emergency situations.
	Emergency Assistance "911"		X		X						X	X	X		
Financial															
Tax Aide	AARP Tax-Aide	X						X					X		
	Contra Costa Senior Legal Services		X		X				X		X	X	X		Free legal services 60+.
Retirement Planning	AARP Publications			X					X			X			
	Private and community based services	X	X	X	X										
End-of-Life Planning	CC Senior Legal Services	X								X			X		
Avoiding Financial Exploitation	AARP Publications			X					X				X		

Program Service Area	Program Examples	Provider				Location / Type of Facility					Populations Served				Other / Notes
		Town of Danville	Contra Costa County	For-Profit	Nonprofit / Community-Based Organization	State	Town Facility	Danville Senior Center	Park	Other	Not applicable	Adults	Seniors (60+)	People with Disabilities	Other
Program Service Area	Consumer Reports Publications - consumer reports.org			X						X		X	X		Specializes in investigation of crimes against elderly.
	Elders Angels			X						X		X	X		
	CC Senior Legal Services		X							X		X	X		
	California Telephone Access Program (CTAP)				X					X				X	
	Xfinity - Internet Plan Discounts for seniors			X						X		X	X		
Legal	lifelinesupport.org				X					X		X	X		federal program
	CCC Bar Association	X								X				X	
	CC Senior Legal Services	X								X		X	X		
	Law Help CA		X	X	X					X		X	X	X	Legal resources and local attorney access.
	Consult an Attorney		X	X						X		X	X	X	Partners w/ community centers to offer free consultations w/ lawyers.
Social Services	Lawyer Referral LIRS				X					X		X	X	X	Locates relevant lawyer to assist with issues.
	Martinez Veterans OP clinic-Ctr for Rehab-Concord Vet Center-Sword to Plowshares-Veteran Services CCC	X	X		X					X		X	X		Martinez Vet 925-372-2000 Concord 925-680-4526 Sword 510-844-7500 vet service office CCC 925-313-1481
	Veteran's Administration - benefits.va.gov				X					X		X	X	X	federal program
	VA Center		X		X					X		X	X	X	Health services for inpatient and outpatient care.
	PGE Rate assistance EBMUD assistance		X								X	X	X	X	PGE 800-743-5000 EBMUD 866-403-2633.
Entitlements Assistance	Social Security Retirement Benefit - ssa.gov				X					X		X	X		federal program
	Medicare - medicare.gov				X					X		X	X		federal program
	National Council on Aging - benefitscheckup.org				X	X				X		X	X		
Outreach and Community Information															
Civic Engagement	Danville senior Center	X								X		X			
	Town of Danville Commissions	X					X							X	
	Danville Police Department - Volunteer Patrol	X					X					X			
	Community Centers and Social Clubs (see above)														
Outreach and Communications															
Volunteerism	Danville Senior Center	X					X						X		
	Town of Danville	X					X							X	

Program Service Area	Program Examples	Provider				Location / Type of Facility					Populations Served				Other / Notes
		Town of Danville	Contra Costa County	For-Profit	Nonprofit / Community-Based Organization	State	Town Facility	Danville Senior Center	Park	Other	Not applicable	Adults	Seniors (60+)	People with Disabilities	
			X							X				X	Other / Notes
	CC/Solano Counties Food Bank		X							X				X	
	East Bay Regional Park District		X							X				X	
	Museum of San Ramon Valley	X					X							X	
	Tao House	X					X							X	
	The Discovery Shop - Walnut Creek				X					X				X	Partnered with the American Cancer Society.
	Community Centers and Social Clubs (see above)														
Other															
Virtual Programs															
Respect and Social Inclusion															
Eliminating Social Isolation Programs	Covia - Well Connected Program, virtual programs			X						X			X		
	Friendship Line - calls to vulnerable elderly population/also suicide prevention			X						X			X		Institute of Aging
	Assistance League of Diablo Valley - Tele Care - daily call to housebound clients			X						X			X		



APPENDIX B

IMPLEMENTATION TOOLS

APPENDIX B:

IMPLEMENTATION TOOLS

Project Prioritization Criteria

The prioritization criteria reflect the values expressed by the community during the engagement efforts. These prioritization criteria should be used to guide decision making and project sequencing, as well as to rank projects to meet community needs.

Danville should prioritize, plan, and implement projects that:

PROJECT PRIORITIZATION CRITERIA

1. Expand social networks for seniors

- Does the project increase opportunities for seniors to engage with other residents on a frequent basis and over a sustained period?
- Does the project expand volunteer opportunities for seniors?
- Does the project bring seniors together with other seniors to enjoy shared activities?

2. Foster a culture of respect and multiculturalism in Danville

- Does the project increase understanding and respect for cultural and ethnic diversity?
- Does the project increase understanding of the experience of historically marginalized communities in California and across the country?
- Does the project celebrate cultural and ethnic diversity?

3. Support multi-generational, inclusive spaces and programs

- Does the project bring Danville residents of different ages and experiences together in a shared activity?
- Does the project create an inclusive, welcoming, and accessible environment for all Danville residents, regardless of age, ethnicity, gender identity, ability, or sexual orientation?

PROJECT PRIORITIZATION CRITERIA

4. Strengthen the centralization of information and resources

- Will the project help to centralize information about resources available to seniors in Danville?
- Will the project be thoughtful to coordinate with others to leverage activities that already exist and reduce duplication?

5. Promote green and eco-friendly services and programs

- Does the project encourage stewardship of Danville's parks and recreation areas through direct interaction or education?
- Is the project thoughtful to use operating methods that reduce its carbon footprint?

Work Plan Implementation Criteria

This tool will assist Town staff and Commissioners to evaluate project and initiative ideas each year when crafting the annual implementation work plan.

IMPLEMENTATION CRITERIA

Operational Impact: What is the operational impact, once the improvement or project is in place?

H: High	Likely to require additional operating funding (includes added staff time as well as direct costs)
N: Neutral	Likely to have no impact
L: Low	Likely to reduce operating costs (includes staff time as well as direct costs)

IMPLEMENTATION CRITERIA

Capital Improvement Component: What is capital improvement necessary for this project?

H: High	More than \$1M
M: Medium	\$100K–\$1M
L: Low	Under \$100K

Staff Time: How much staff time is required to move it forward to implementation?

H: High	Requires a Project Team, multiple individuals, major focus for project lead
M: Medium	More than one person, approaching .25 FTE or more for the project lead
L: Low	A single individual and/or limited hours

Timeframe: What is the timeframe to implement it?

H: High	10 or more years
M: Medium	6–9 years
L: Low	5 years or fewer

Cost: For non-capital improvements, what is the cost of the project?

H: High	More than \$50K
M: Medium	\$6K–\$49K
L: Low	Under \$5K



APPENDIX C

POTENTIAL GRANT FUNDING

APPENDIX C:

POTENTIAL GRANT FUNDING

Relevant Funding Opportunities

2022 Empowering Communities to Deliver and Sustain Evidence-Based Falls Prevention Programs

FUNDER

Administration for Community Living

WEBSITE

<https://acl.gov/grants/open-opportunities>

CONTACT

Donna Bethge: Donna.Bethge@acl.hhs.gov

Strengthening Healthcare Infection Prevention and Control and Improving Patient Safety in the United States

FUNDER

Centers for Disease Control

WEBSITE

<https://www.grants.gov/web/grants/view-opportunity.html?oppld=335995>

CONTACT

Kate Agin: healthcareipccoag@cdc.gov

Choice Neighborhoods Implementation Grant Program

FUNDER

Department of Housing and Urban Development

WEBSITE

<https://www.grants.gov/web/grants/view-opportunity.html?oppld=336601>

CONTACT

ChoiceNeighborhoods@hud.gov

2022 Empowering Communities to Deliver and Sustain Evidence-Based Chronic Disease Self-Management Education Programs

FUNDER

Administration for Community Living

WEBSITE

<https://acl.gov/grants/2022-empowering-communities-deliver-and-sustain-evidence-based-chronic-disease-self>

AmeriCorps Seniors - American Rescue Plan Senior Demonstration Program

FUNDER

AmeriCorps

WEBSITE

<https://www.grants.gov/web/grants/view-opportunity.html?oppId=336384>

CONTACT

AmericanRescueSDP@cns.gov

Additional Organizations that Provide Funding Assistance

National Council on Aging (NCOA)

<https://www.ncoa.org/advocates>

U.S. Department of Health and Human Services

<https://www.hhs.gov/grants/grants/index.html>

U.S. Department of Housing and Urban Development

https://www.hud.gov/program_offices/public_indian_housing/programs/ph/cn/grants

Administration for Community Living (ACL)

<https://acl.gov/grants>



APPENDIX D

COMMUNITY ENGAGEMENT SUMMARIES

AGE-FRIENDLY ROADMAP COMMUNITY SURVEY RESULTS



*Town of Danville
May 2021*



PURPOSE: AGE-FRIENDLY ROADMAP

- **Outline goals and strategies** to make Danville more livable and better able to support people of all ages.
- Help people to **stay in their communities** as they age and as their needs change.
- **Improve the quality of life** for the very young, the very old, and everyone in between!



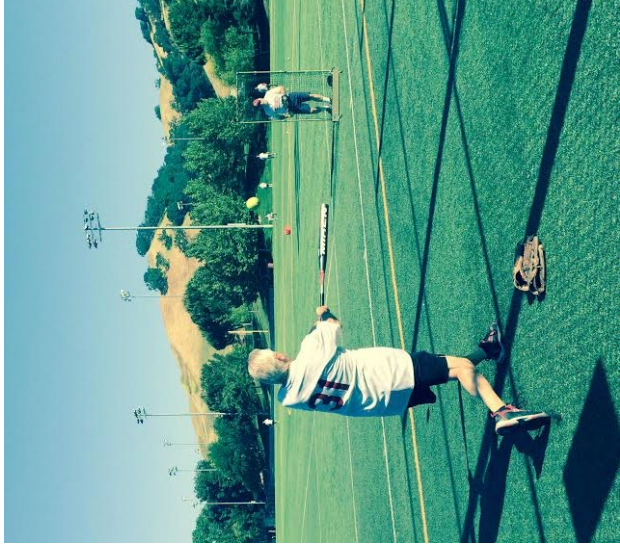
OUTREACH METHODOLOGY

- Town staff promoted the survey via **Open Town Hall**
- Senior Advisory Commissioners conducted outreach



SURVEY RESULTS

- 255 people viewed the survey
- 184 people completed the survey

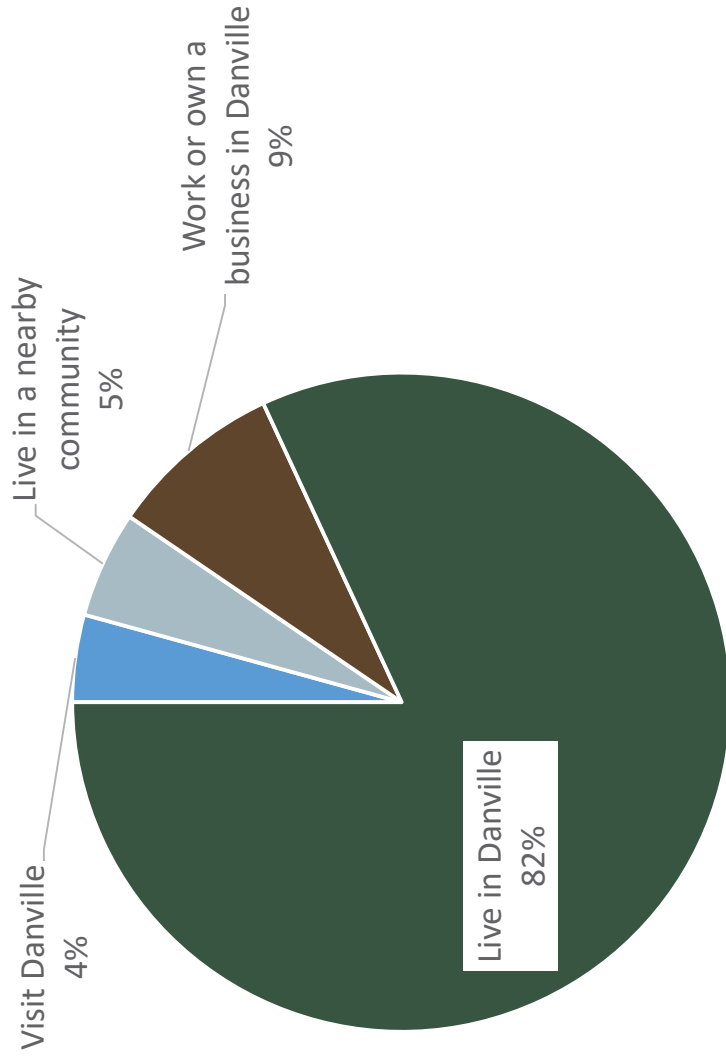


DEMOGRAPHIC RESULTS



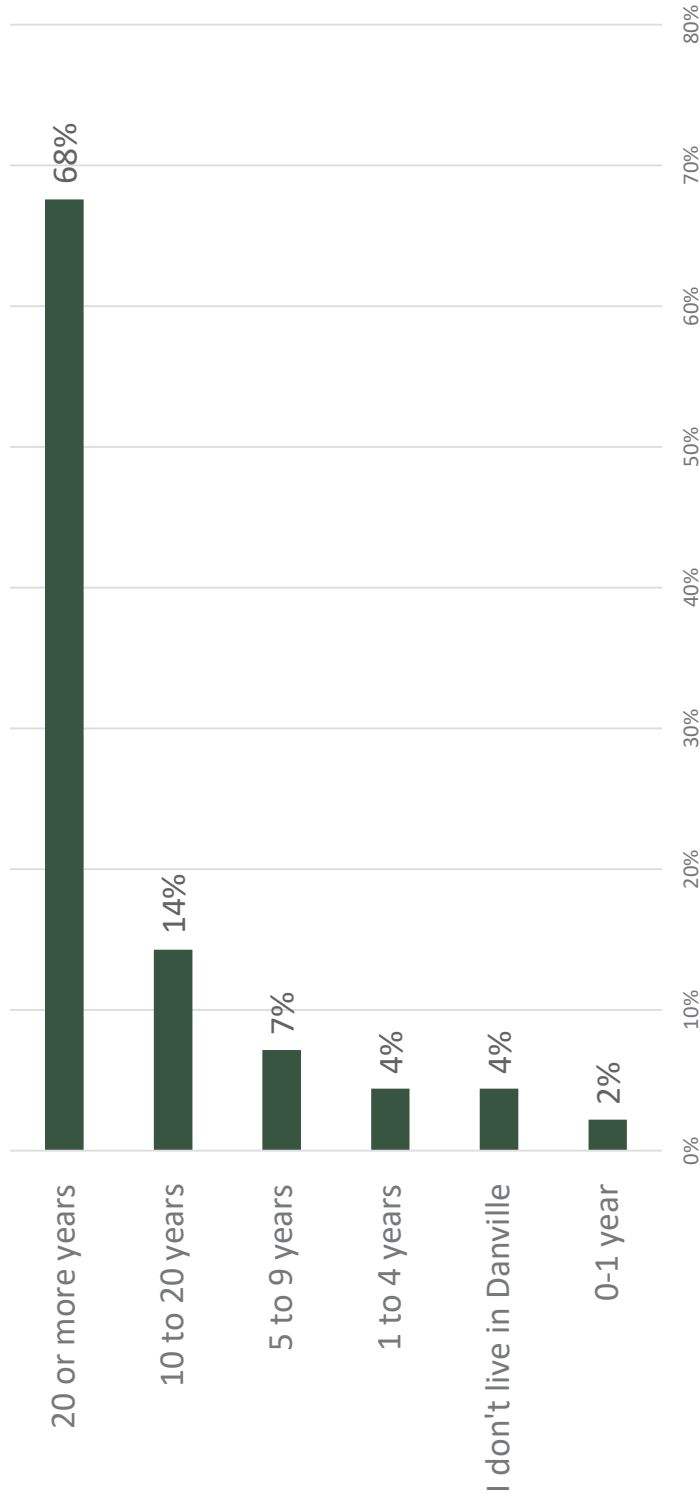
DEMOGRAPHIC RESULTS

Do you live and/or work in Danville? Select all that apply.

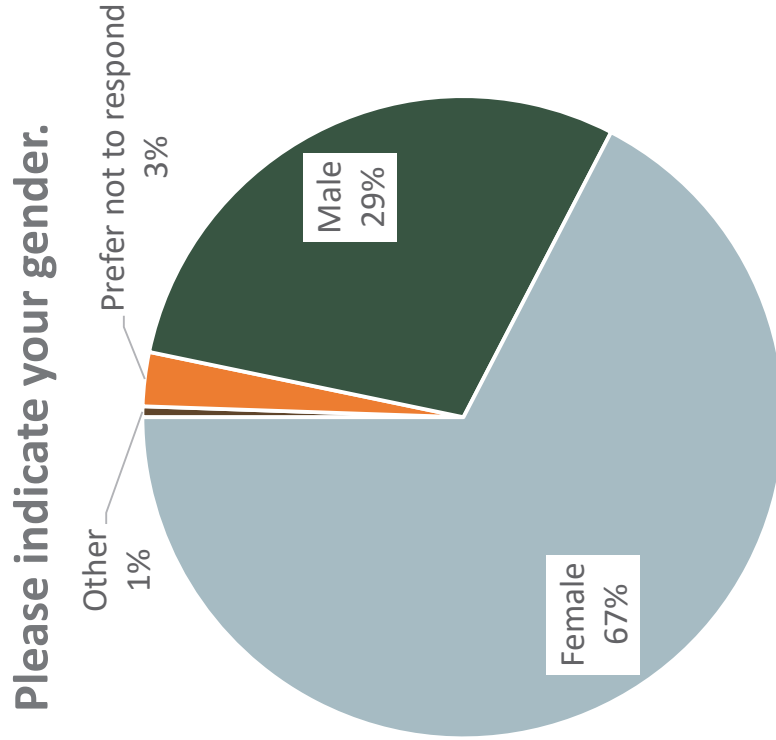


DEMOGRAPHIC RESULTS

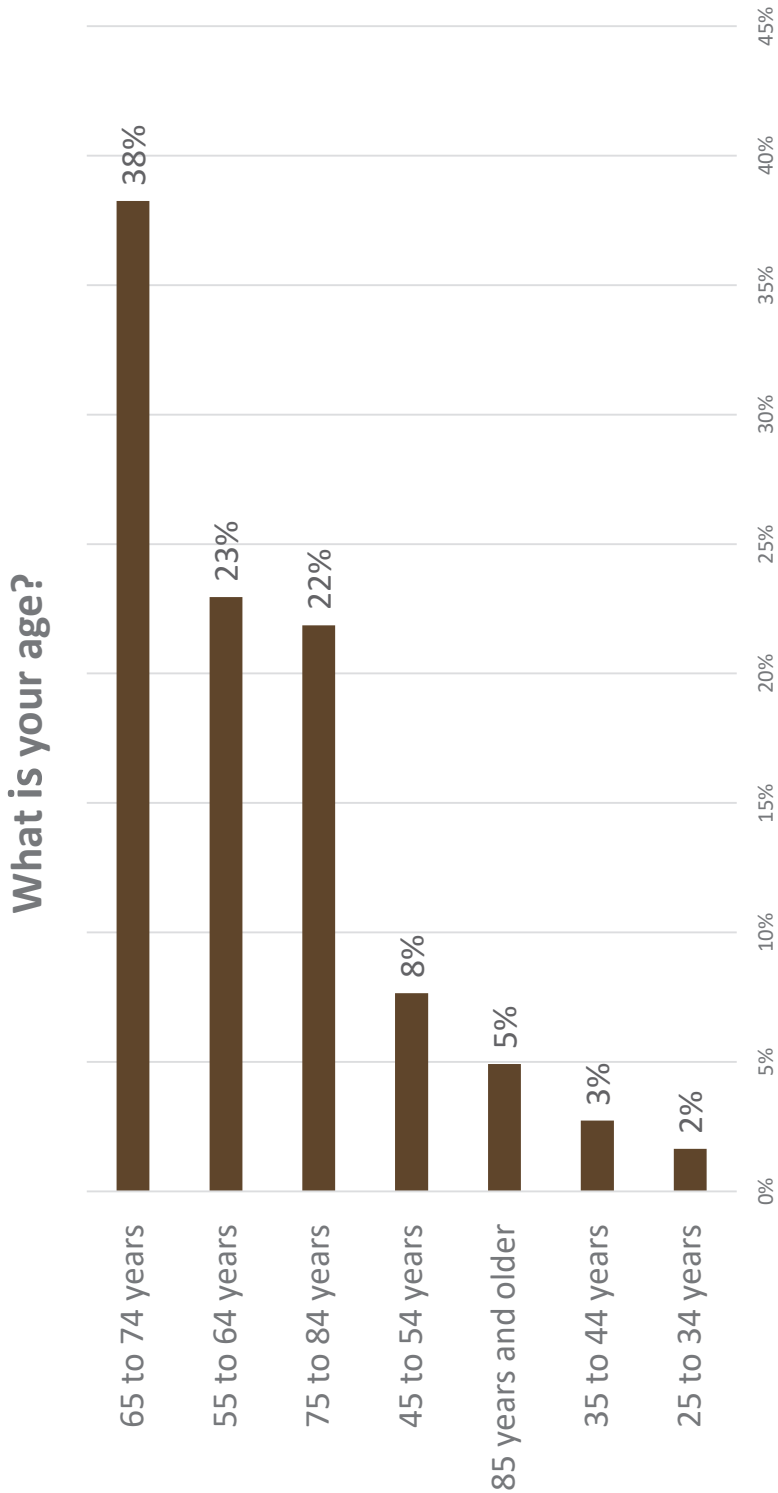
How long have you lived in the Town of Danville?



DEMOGRAPHIC RESULTS

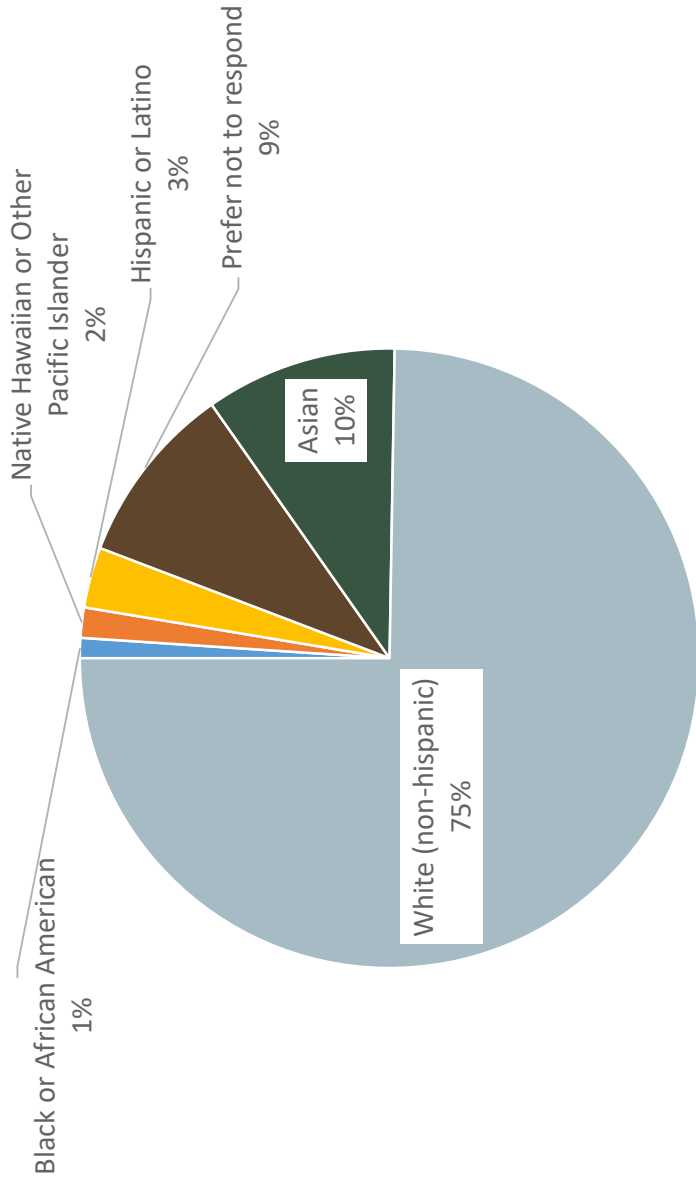


DEMOGRAPHIC RESULTS



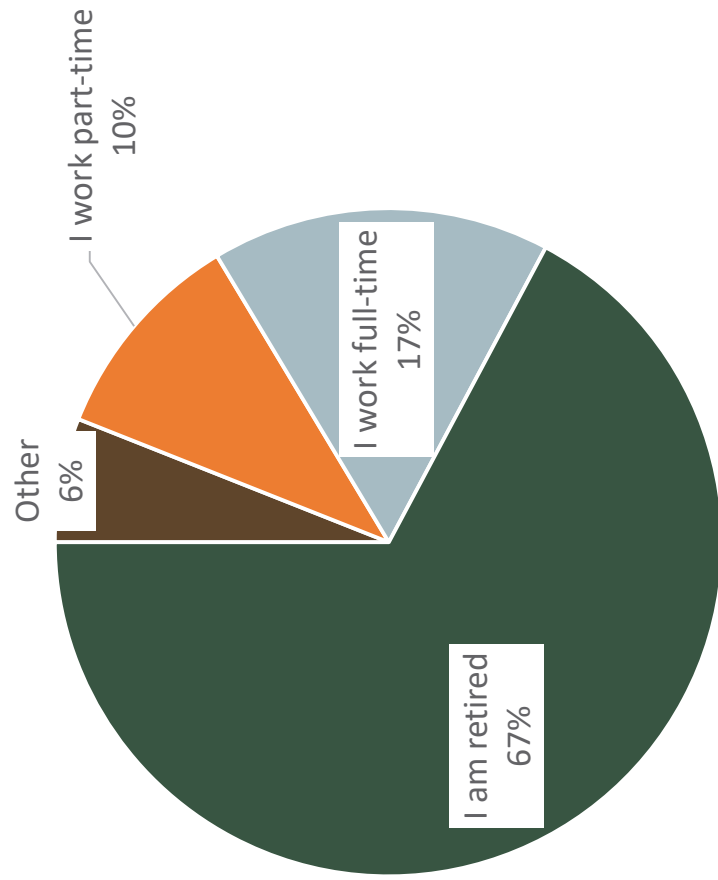
DEMOGRAPHIC RESULTS

Which of the following best describes your ethnic background or race? Select all that apply.



DEMOGRAPHIC RESULTS

Please describe your employment status.

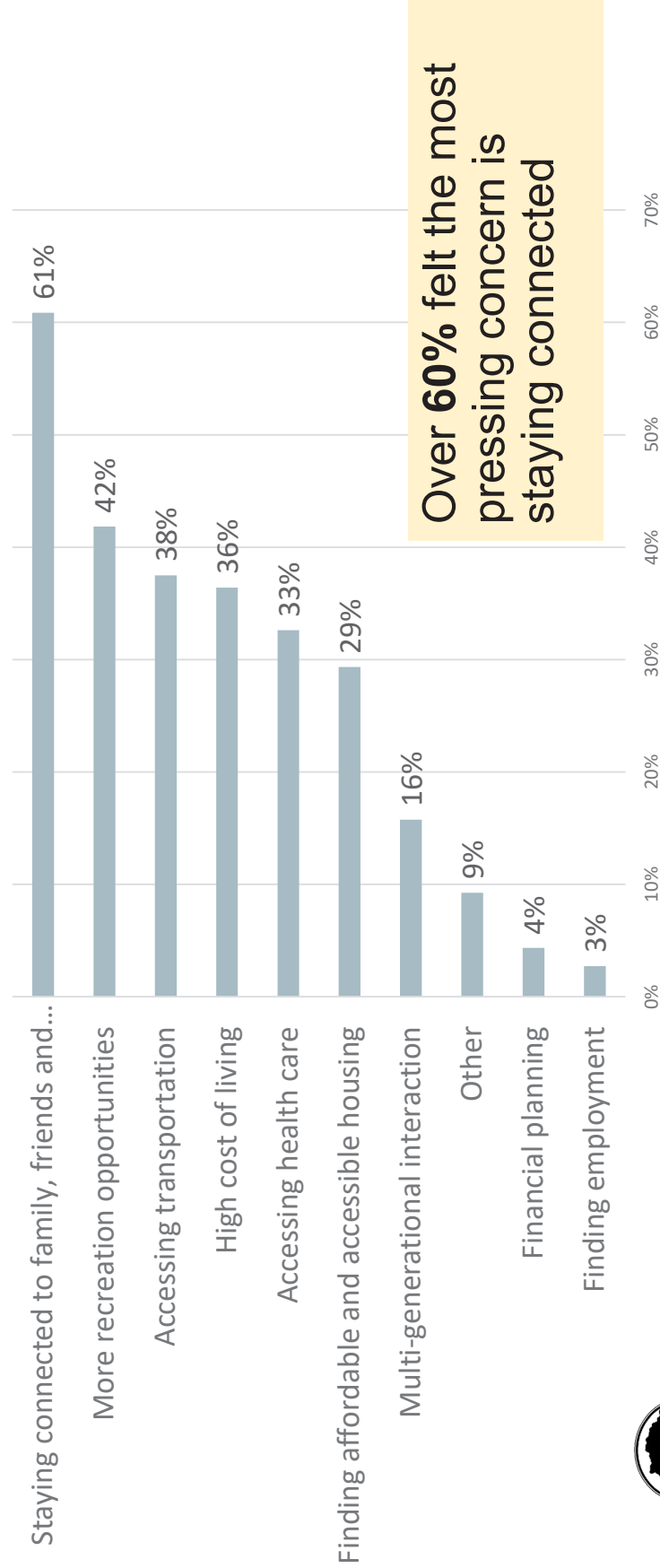


KEY FINDINGS



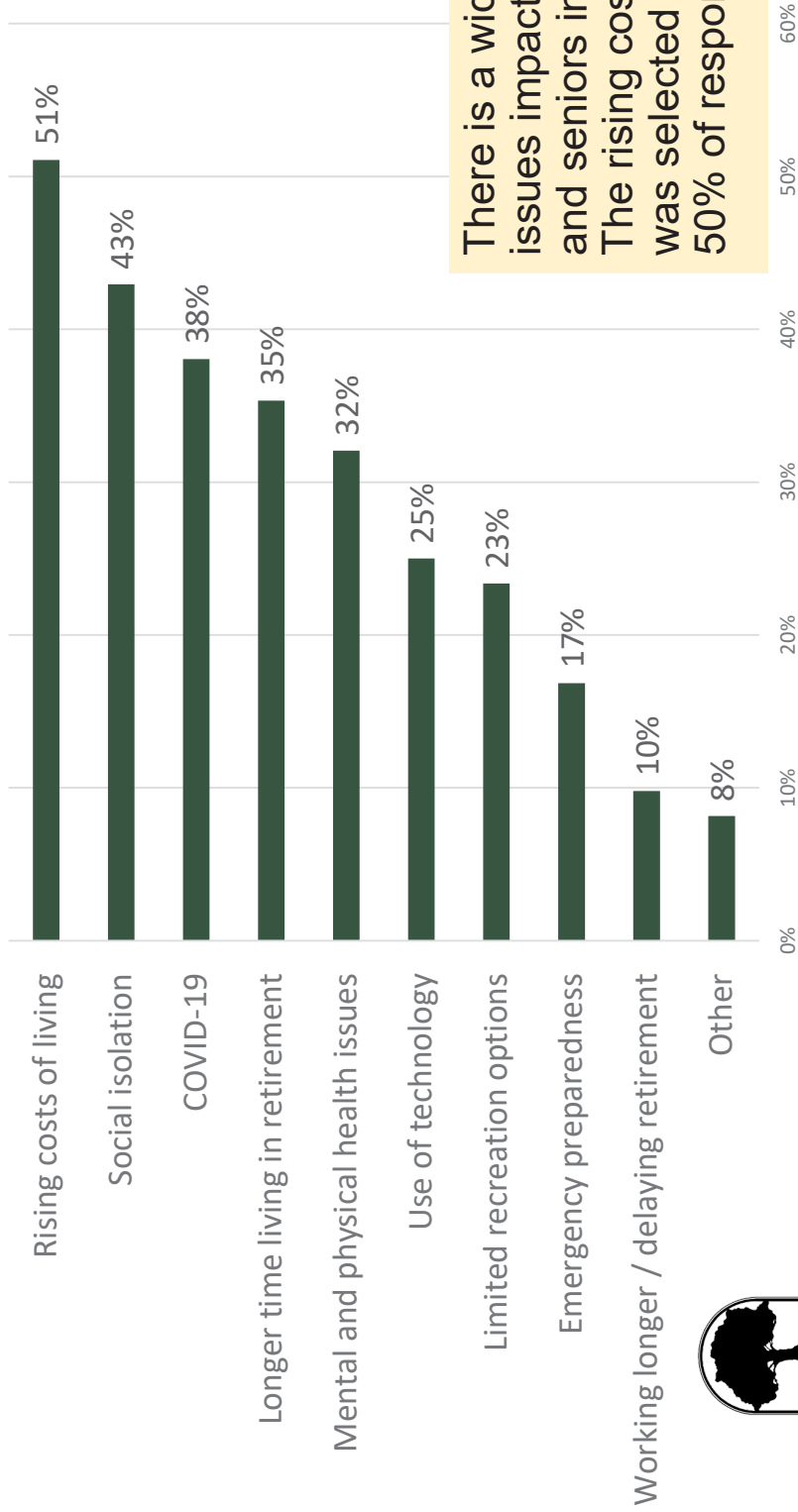
PRESSING CONCERNS

What are the most pressing concerns for supporting adults and seniors in growing older in Danville? (Select up to three responses)?



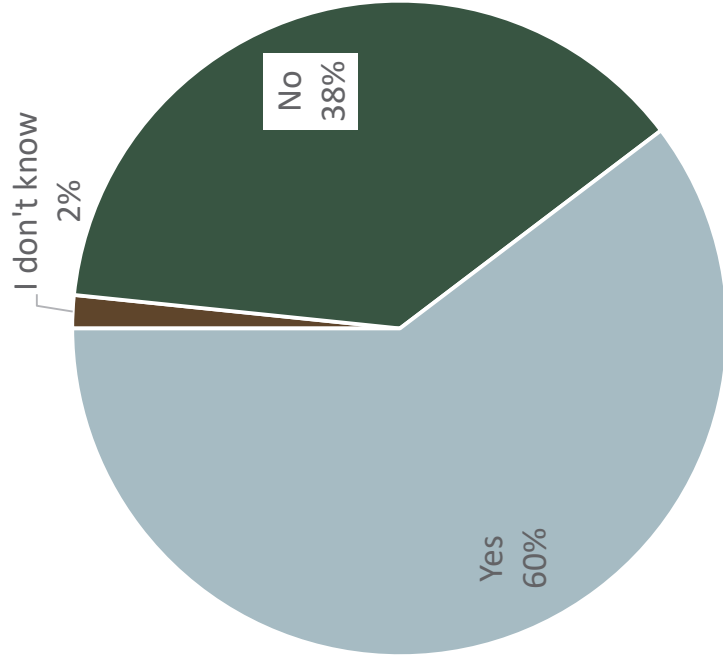
ISSUES, TRENDS, AND CHANGES IMPACTING ADULTS AND SENIORS

What are the issues, trends, and changes impacting adults and seniors in Danville and the region? Select up to three responses.



PARTICIPATION IN PROGRAMS, SERVICES, AND ACTIVITIES

Have you participated in adult and senior programs, services, or activities offered by the Town of Danville Recreation, Arts & Community Services Department over the past three years?

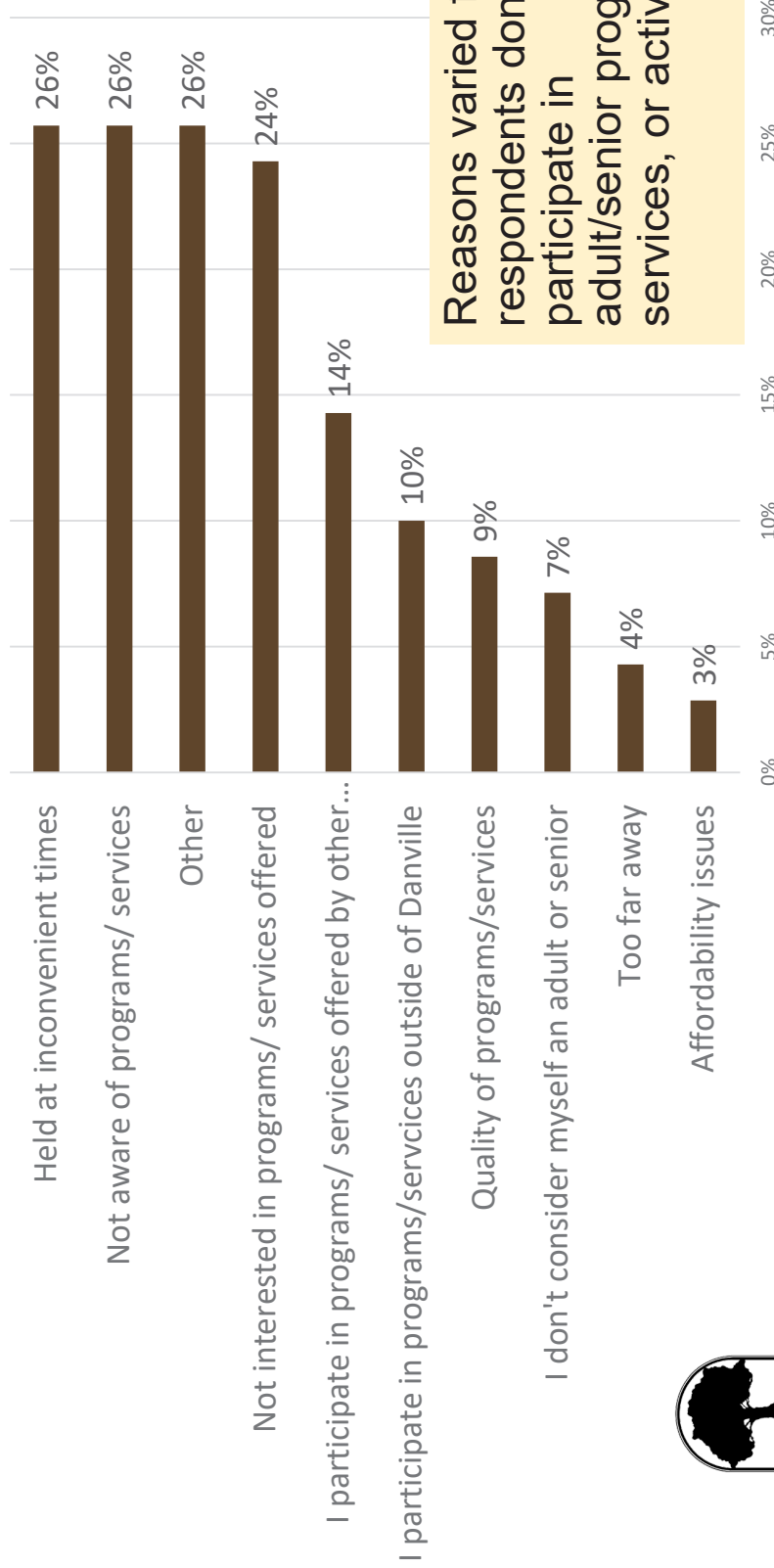


Over **60%** of respondents have participated in an adult or senior program, service, or activity in the past three years



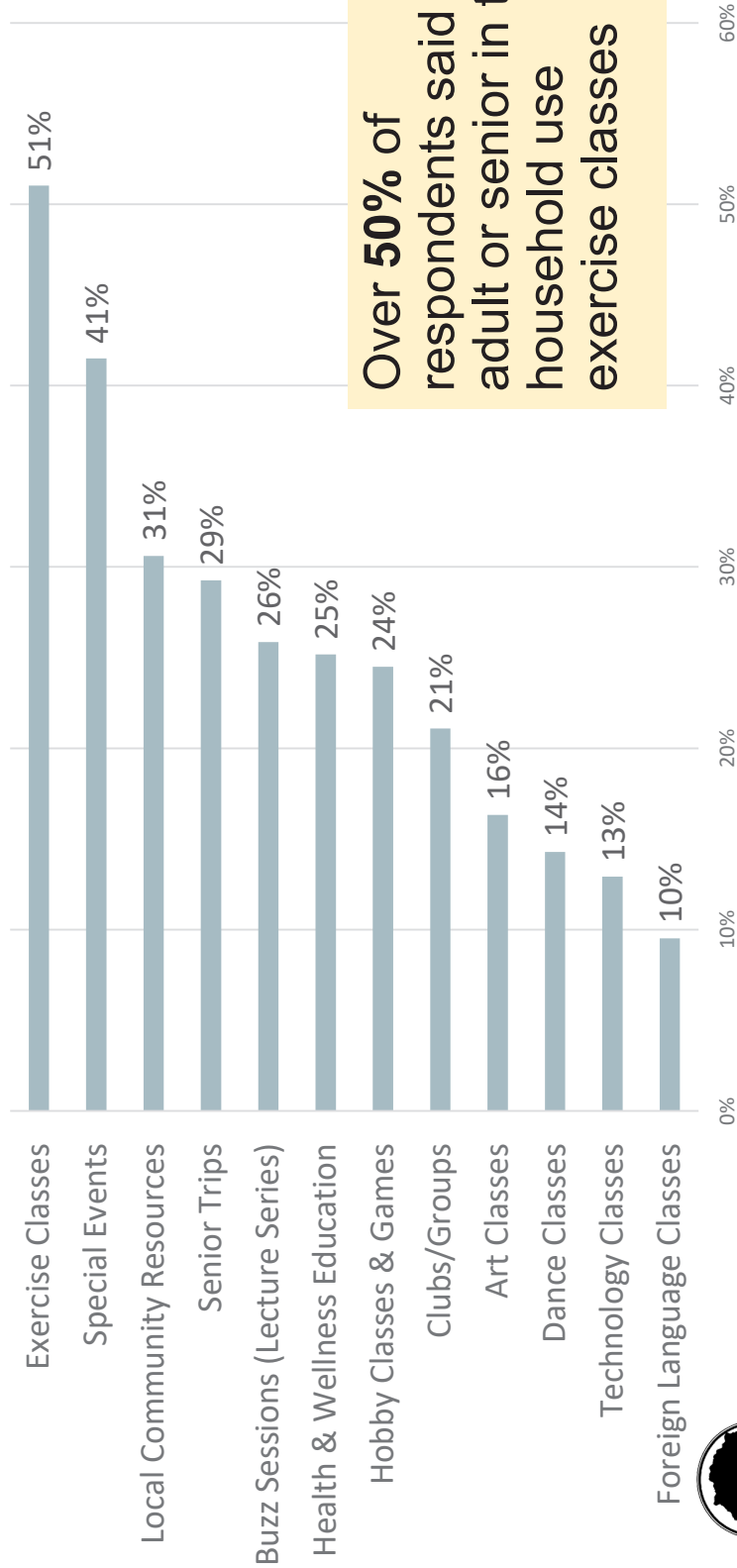
REASONS FOR NOT PARTICIPATING IN PROGRAMS, SERVICES, OR ACTIVITIES

What are the reasons you have not participated in adult or senior programs, services, or activities offered by the Town of Danville Recreation, Arts & Community Services Department within the past three years?



EXERCISE CLASSES ARE POPULAR

Which of the following services and programs do you or an adult/ senior in your household use?
Select all that apply.



WHAT ADDITIONAL SERVICES & PROGRAMS EXIST FOR ADULTS AND SENIORS IN DANVILLE OR IN NEARBY COMMUNITIES?

Transportation

- Friday senior meal pickups
- Senior trips
- Ride services that do not require a phone app
- Transportation to activities or mobile activities that can be brought to the community

Facilities

- Flexible prepaid use cards for senior center
- Retirement and Medicare services
- year-round lap swimming
- Aquatic facilities



WHAT ADDITIONAL SERVICES AND PROGRAMS EXIST FOR ADULTS AND SENIORS IN DANVILLE OR IN NEARBY COMMUNITIES?

Social Connections

- Meet-up groups
- Concerts in the park
- Music classes
- More social opportunities for younger seniors

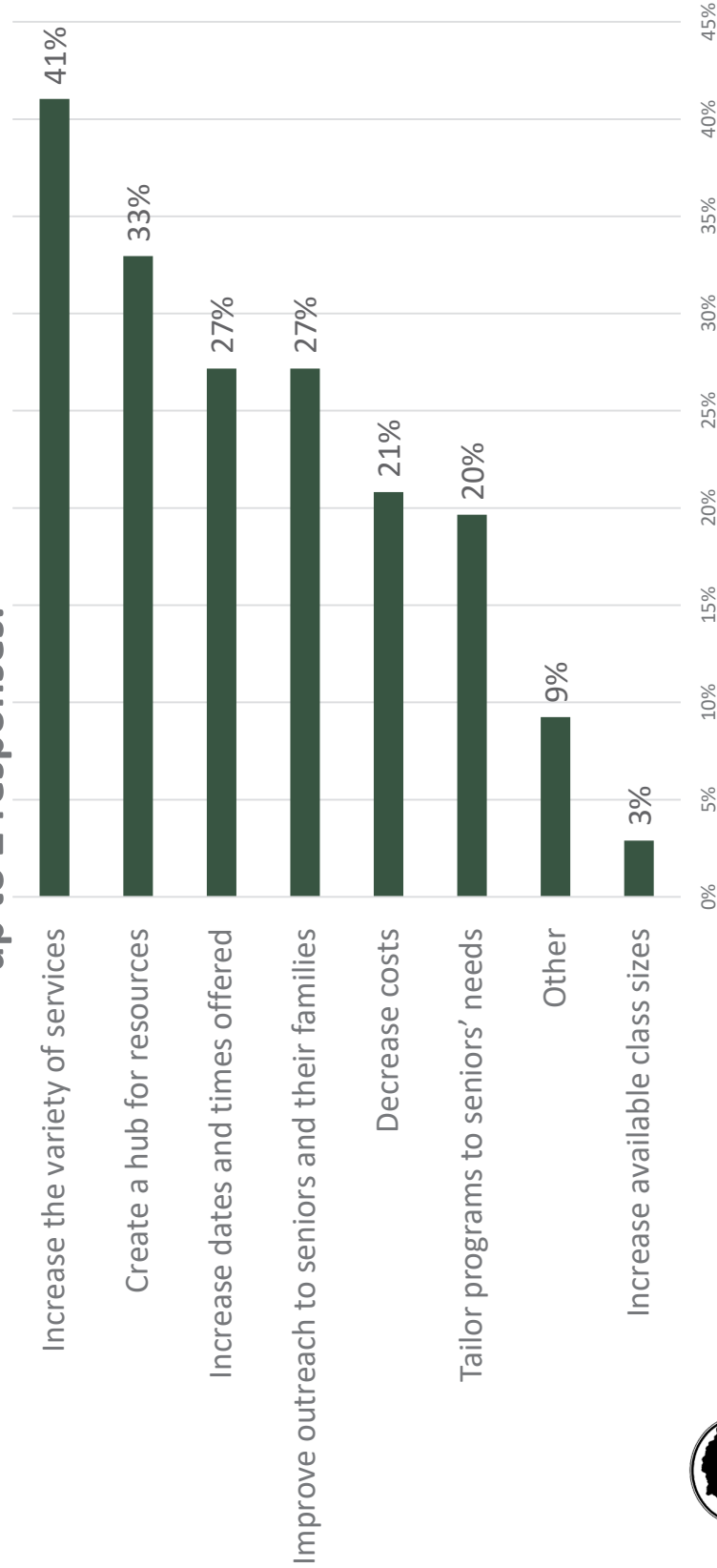
Programs

- Outdoor exercise
- Aquatics classes
- Bocce ball
- Golf lessons
- More affordable exercise classes
- Pickleball
- Exercise classes
- Easier hiking classes
- Tax and financial seminars
- Acalanes Adult Education



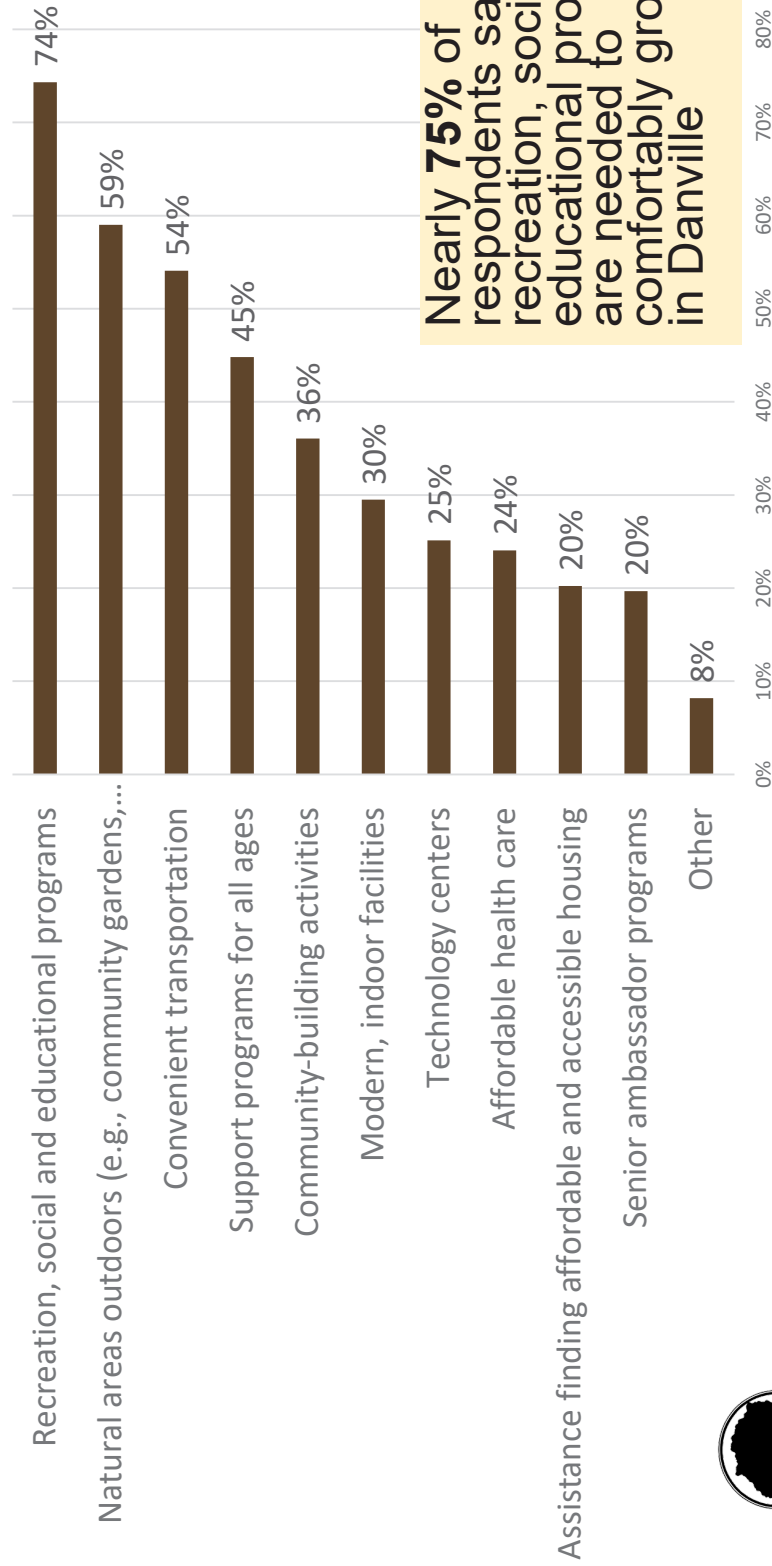
HOW SERVICES CAN BE IMPROVED

How can Danville improve the services provided to adults and seniors? Select up to 2 responses.



NEEDED SERVICES, PROGRAMS, AND FACILITIES

What types of services, programs, and facilities would you need to comfortably grow older in Danville? Select all that apply.



WHAT IS THE MOST IMPORTANT THING DANVILLE CAN DO TO CREATE AN AGE-FRIENDLY COMMUNITY?

Transportation

- Bus/transportation service that can take one to doctors appointment, shopping, etc.
- Accessible transportation services and options
- Pedestrian access and safety
- Street safety
- Walk/bike friendly roads
- Close Hartz Ave between Hartz way and Diablo Rd to vehicular traffic
- Access to public transportation
- Make it easier for people with disabilities to get around
- Free or low-cost transportation
- Improve pedestrian safety
- Make the downtown Hartz Ave a permanent walking street
- Community bus continuous routes with small electric busses to remote parking and other shopping areas
- Slow down traffic



WHAT IS THE MOST IMPORTANT THING DANVILLE CAN DO TO CREATE AN AGE-FRIENDLY COMMUNITY?

Facilities

- Convert tennis courts to include pickleball
- Enforce leash laws at existing facilities
- Expand services offered through the senior center
- Dedicated senior center
- Outdoor parks that are safe to walk on (e.g., no holes or uneven walkways)
- Less development more walking trails
- Parking at senior centers
- Dedicated pickleball courts

Social Connections

- Build connections within the community (e.g., multigenerational events)
- Return of community events
- Provide individuals who seniors can connect with in person or over the phone
- Increase opportunities for residents to get to know each other



MOST IMPORTANT THING DANVILLE CAN DO TO CREATE AN AGE-FRIENDLY COMMUNITY

Programs

- Continue to provide a variety of programs at different times
- Ensure program leaders are a good fit and polite
- Make it easier for people to sign up for programs
 - seems like the programs are always filled with the same regulars and interested community members cannot get a spot
- Programs that are multigenerational or friendly for older adults who still feel young
- Mentoring programs that connect seniors and high school students/young adults
- Classes that promote and teach seniors how to use technology and software programs; Tech support programs for seniors
- Interesting and affordable senior trips



MOST IMPORTANT THING DANVILLE CAN DO TO CREATE AN AGE-FRIENDLY COMMUNITY

Community

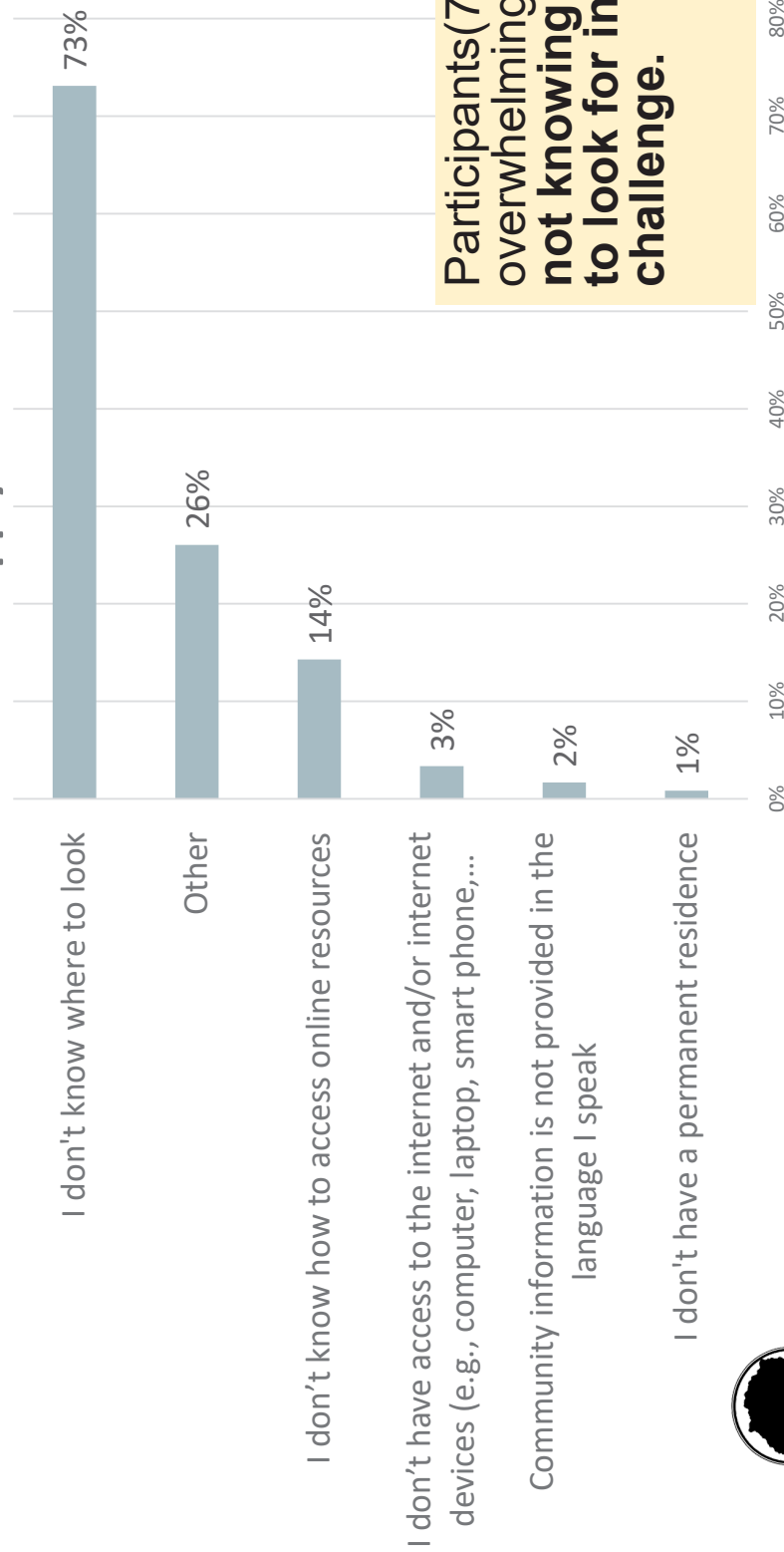
- Address attitudes in the community (ageism, racism, sexism, etc.)
- Affordable housing
- Better communication to seniors on available programs/services
- Seek input from all community members
- More outreach to the senior community (e.g., newly retired people and young seniors)
- Increase messaging that reduces Covid-deniers refusing to mask and socially distance
- Keep older and young people in the community. They help and support each other
- Don't raise property taxes for retired citizens



CHALLENGES EXPERIENCED IN ACCESSING INFORMATION

What are the challenges you experience in accessing community information?

Select all that apply



Participants (73%) overwhelmingly said **not knowing where to look for info was a challenge.**



OUR VISION



WHAT'S YOUR VISION FOR AN AGE-FRIENDLY COMMUNITY IN DANVILLE?

Transportation

- Safe, affordable and convenient transportation systems for mobility and independence of our aging population and all ages
- A community that doesn't have a tremendous amount of traffic
- Beautify freeway interchanges into Danville
- Easy to get to/from downtown and other locations for services and recreation
- Downtown plaza or pedestrian only street with local shuttle transportation
- Keep parking options available with seniors in mind
- More walkable areas and an overall friendly walking town
- Safer sidewalks and more pedestrian crossings



WHAT'S YOUR VISION FOR AN AGE-FRIENDLY COMMUNITY IN DANVILLE?

Facilities

- Wide-open parks with modern facilities that can be utilized by multi-generation residents
- Preservation of open and green spaces
- Full service senior center that can serve as a centralized hub for information, resources, recreation and assistance
- More venues where seniors can meet
- Movie theater downtown
- More walking trails that are elder friendly with benches to rest



WHAT'S YOUR VISION FOR AN AGE-FRIENDLY COMMUNITY IN DANVILLE?

Social Connections

- Opportunities to spend time with others, learn new things, enjoy life and share experiences
- A place or forums where seniors can interact with all generations (cross-generation events, mentoring, technology lessons)
- Volunteer opportunities, such as community gardens, park clean up, trips to nearby parks, etc.
- Community liaison or volunteer teams that can connect and check in on seniors who may face everyday problems (i.e., internet issues, planning medical care, etc.)
- It would be great to have a place where seniors could gather for coffee or tea several mornings a week. With classes there is not a lot of time to socialize
- More outdoor and indoor evening events



WHAT'S YOUR VISION FOR AN AGE-FRIENDLY COMMUNITY IN DANVILLE?

Programs

- Variety of activities for all ages
- Less costly exercise and tours
- Senior cost of living incentives and programs to stay in the area
- Activities at the senior center
- Housing options for more active seniors as they grow older
- Senior check-in programs
- More volunteer day opportunities that help seniors with home tasks
- Golf program
- Multicultural education and programs
- Multi-generational programs and activities
- Organized volunteer activities
- Senior programs downtown
- Programs that re-engage elderly, such as having pen pals with kids in various schools in the area or other means to create more interactivity
- Senior "buddy" program like the Green Valley School "buddy" program that matched a 5th grader to a 1st grader
- Frequent access to social service programs



WHAT'S YOUR VISION FOR AN AGE-FRIENDLY COMMUNITY IN DANVILLE?

Community

- Diverse, multi-generational community
- Less focus on age and more of a focus on respect from all people
- Lower taxes, small government dedicated to preserving personal and property rights
- Preservation of parks, gardens, walkways and small-town charm, lots of activities for all ages
- More affordable housing for seniors, especially in areas in walking distance to downtown
- Keep property taxes, utilities and water from becoming more expensive for retired citizens
- Resume doing what Danville has been doing for years once the pandemic permits
- Provide information and resources for caregivers
- More events where various ages can mix and enjoy activities, like the Easter, May 4th, and July 4th parade. More "music in the park" type events
- Dignity, kindness and respect for all



ADDITIONAL COMMENTS TO IMPROVE THE HEALTH, WELL-BEING, SAFETY, AND LIVABILITY OF ADULTS AND SENIORS LIVING

Additional Comments

- Enforce leash laws at our parks
- Love, love our parks - you are doing a lot right already - just keep it up - and please, please don't over build like Lafayette
- Please put in pickle ball courts! Great way for seniors to just show up and get active. No fee please.
- A "telephone tree/wellness check" to contact seniors who live alone
- Add support and/or social groups of like minds to create a network of friendship alliances
- Lunch programs with local restaurants to encourage community events for seniors



ADDITIONAL COMMENTS TO IMPROVE THE HEALTH, WELL-BEING, SAFETY, AND LIVABILITY OF ADULTS AND SENIORS LIVING

Transportation

- Traffic enforcement
- Monitor parking lots for our safety
- Hartz Ave is a key... make it a permanent car-free place to go (walk and sit) and watch the world
- Better lit streets and repaired sidewalks
- Make sure that sidewalks and crosswalks are safe and well- maintained (well-lit, no trip hazards)
- Have either/both for rent/for free use of readily accessible mobility personal transports (electric wheelchairs, walkers) strategically placed in Danville community
- Watch congestion downtown
- Partnership with senior living communities, shuttle/ride-share services and volunteer local drivers to improve transportation access



ADDITIONAL COMMENTS TO IMPROVE THE HEALTH, WELL-BEING, SAFETY, AND LIVABILITY OF ADULTS AND SENIORS LIVING

Programs

- A volunteer consulting program where people of all ages can make their skills available on a mentoring/consulting basis
- An info workshop on Prop 19 and other new legislation relevant to seniors would be helpful
- Add drop-in class options for people who can only attend one or a few classes due to traveling
- Offer a sliding fee scale so lower income residents can afford to participate
- Life coaching for seniors
- More emergency training for seniors if the are stuck in their homes.



ADDITIONAL COMMENTS TO IMPROVE THE HEALTH, WELL-BEING, SAFETY, AND LIVABILITY OF ADULTS AND SENIORS LIVING

Community

- Encourage development of affordable senior living facilities with varying degrees of assistance, so aging seniors can remain in the community that has been their home
- Placing light, prefilled emergency backpacks by their door/walkers so in the event of evacuation they can grab and go
- The pre-packaged ADU program is terrific
- From what I can tell, the town seems to have a lot on offer for seniors. I feel the town needs to work more in creating spaces for adolescents which don't revolve around sports
- Need for an emergency response plan tailored to meet the needs of seniors, especially those with limited mobility, minimal local family support and chronic health issues
- Create a Mission Statement expressing support and tolerance for people of all ages, gender, color, religious preferences political persuasions, and ethnic diversity
- We need the Town to take a stand and support the value of all residents, all races and ethnicities, all ages. The political and social intolerance in Danville has gotten much worse over the past several years and does not represent the values and beliefs of many people here in Danville.
- Better training for our police in defusing situations like the Arboleda & Wilson incidents; better police protection



AGE-FRIENDLY ROADMAP INTERCEPT EVENT RESULTS



*Town of Danville
July 2021*



PURPOSE: AGE-FRIENDLY ROADMAP

- **Outline goals and strategies** to make Danville more livable and better able to support people of all ages.
- Help people to **stay in their communities** as they age and as their needs change.
- **Improve the quality of life** for the very young, the very old, and everyone in between!



OUTREACH METHODOLOGY

Town staff and Senior Advisory Commissioners conducted outreach

An abbreviated list of intercept events include:

- Tuesday, May 25 at Starbucks on Prospect Avenue
- Thursday, May 27 at Lunardi's
- Thursday, June 3 at Trader Joe's
- Saturday, June 5 at Bagel Street Cafe
- Monday, June 7 at Peet's Coffee
- Wednesday, June 9 at Starbucks off Crow Canyon Road/Camino Tassajara





AGE-FRIENDLY ROADMAP

The Town of Danville and the Senior Advisory Commission is developing an Age-Friendly Roadmap that outlines goals and strategies to make Danville more livable and better able to support people of all ages.

Share your ideas!

What are the most pressing needs for supporting adults and seniors in growing older in Danville?

Select your top three responses.

- ☐ Staying connected to family, friends & community members
- ☐ Finding affordable and accessible housing
- ☐ Accessing transportation
- ☐ Finding employment
- ☐ High costs of living
- ☐ Accessing health care
- ☐ Financial planning
- ☐ Multi-generational interaction
- ☐ More recreation opportunities
- ☐ Other (please specify)

Which of the following services and programs do you or an adult/ senior in your household use?

Select all that apply.

- ☐ Senior Trips
- ☐ Buzz Sessions (Lecture Series)
- ☐ Special Events
- ☐ Technology Classes
- ☐ Art Classes
- ☐ Dance Classes
- ☐ Exercise Classes
- ☐ Health & Wellness Education
- ☐ Foreign Language Classes
- ☐ Hobby Classes & Games
- ☐ Clubs/Groups
- ☐ Local Community Resources
- ☐ Other (please describe)



AGE-FRIENDLY ROADMAP

Tell us what you think!

What types of services, programs and facilities would you need to comfortably grow older in Danville?

(Select all that apply)

- ☐ Recreation, social and educational programs
- ☐ Support programs for all ages
- ☐ Community-building activities
- ☐ Affordable health care
- ☐ Assistance finding affordable and accessible housing
- ☐ Convenient transportation
- ☐ Senior ambassador programs
- ☐ Modern, indoor facilities
- ☐ Technology centers
- ☐ Natural areas outdoors (e.g., community gardens, parks, trails)
- ☐ Other (please specify)

Do you live and/or work in Danville?

(Select all that apply)

- ☐ Live in Danville
- ☐ Work or own a business in Danville
- ☐ Visit Danville
- ☐ Live in a nearby community
- ☐ I do not live, work or visit Danville

What is your age?

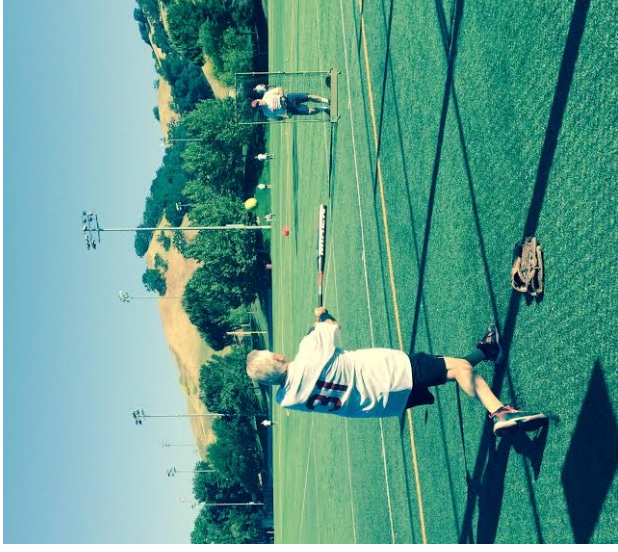
- ☐ Under 18 years
- ☐ 18 to 24 years
- ☐ 25 to 34 years
- ☐ 35 to 44 years
- ☐ 45 to 54 years
- ☐ 55 to 64 years
- ☐ 65 to 74 years
- ☐ 75 to 84 years
- ☐ 85 years and older

Please describe your employment status.

- ☐ I work full-time
- ☐ I work part-time
- ☐ I am retired
- ☐ Other (please describe)

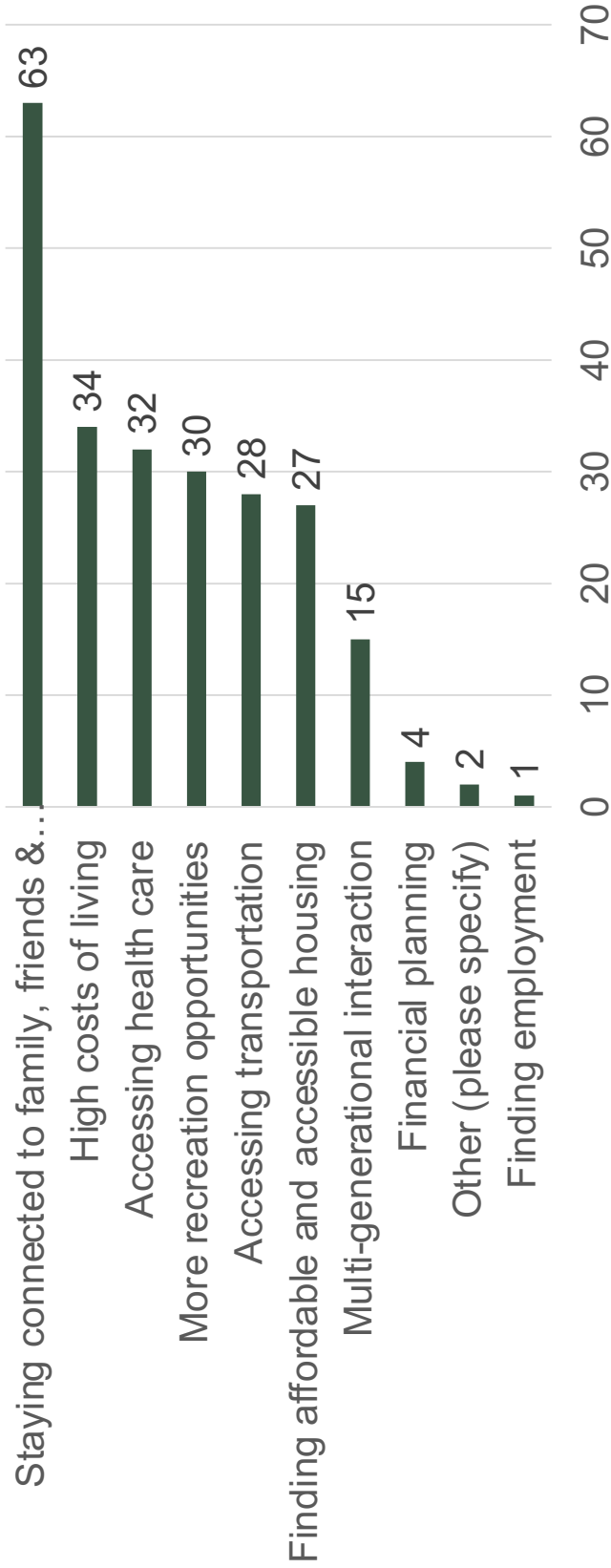
INTERCEPT EVENT RESULTS

- Over 100 people participated in the intercept events



MOST PRESSING NEEDS

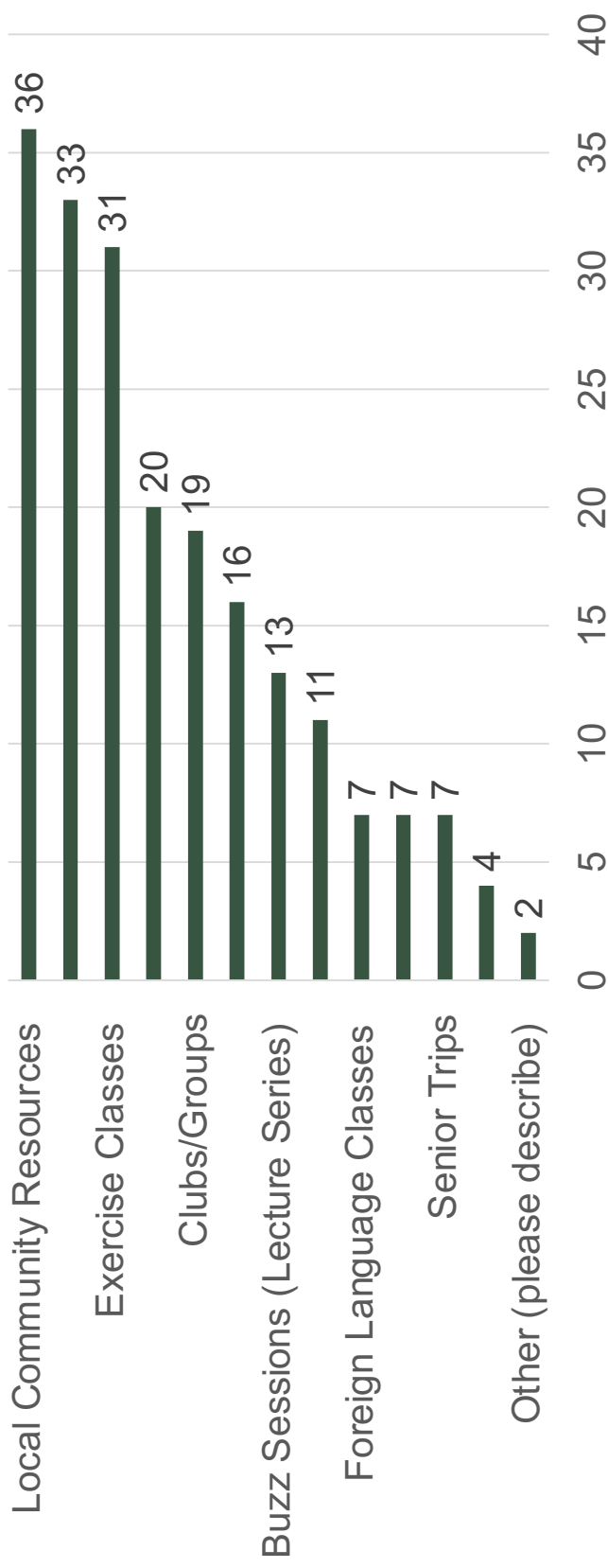
What are the most pressing needs for supporting adults and seniors in growing older in Danville?



- Police Department and Fire Department are doing great
- Traffic lights run well

SERVICES AND PROGRAMS

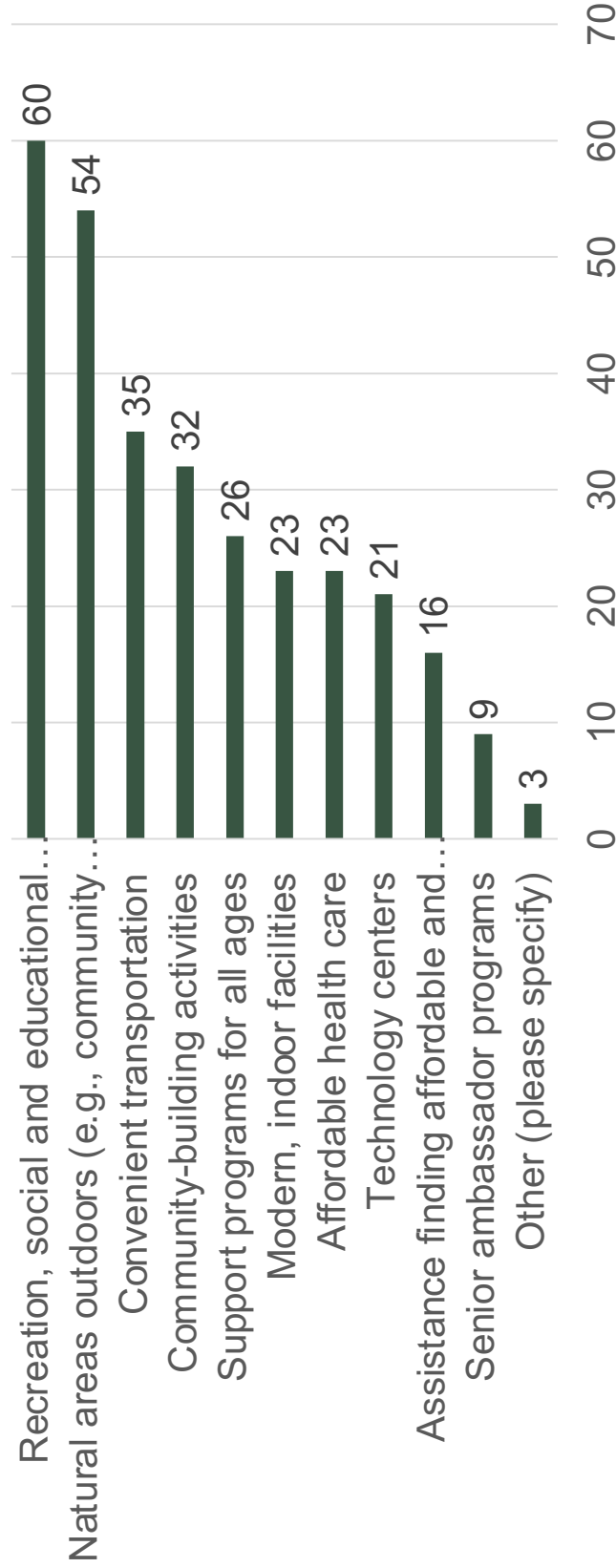
Which of the following services and programs do you or an adult/ senior in your household use?



- Add more art classes for adults
- Add a newcomer group: Welcome to Danville group

SERVICES AND PROGRAMS

What types of services, programs and facilities would you need to comfortably grow older in Danville?



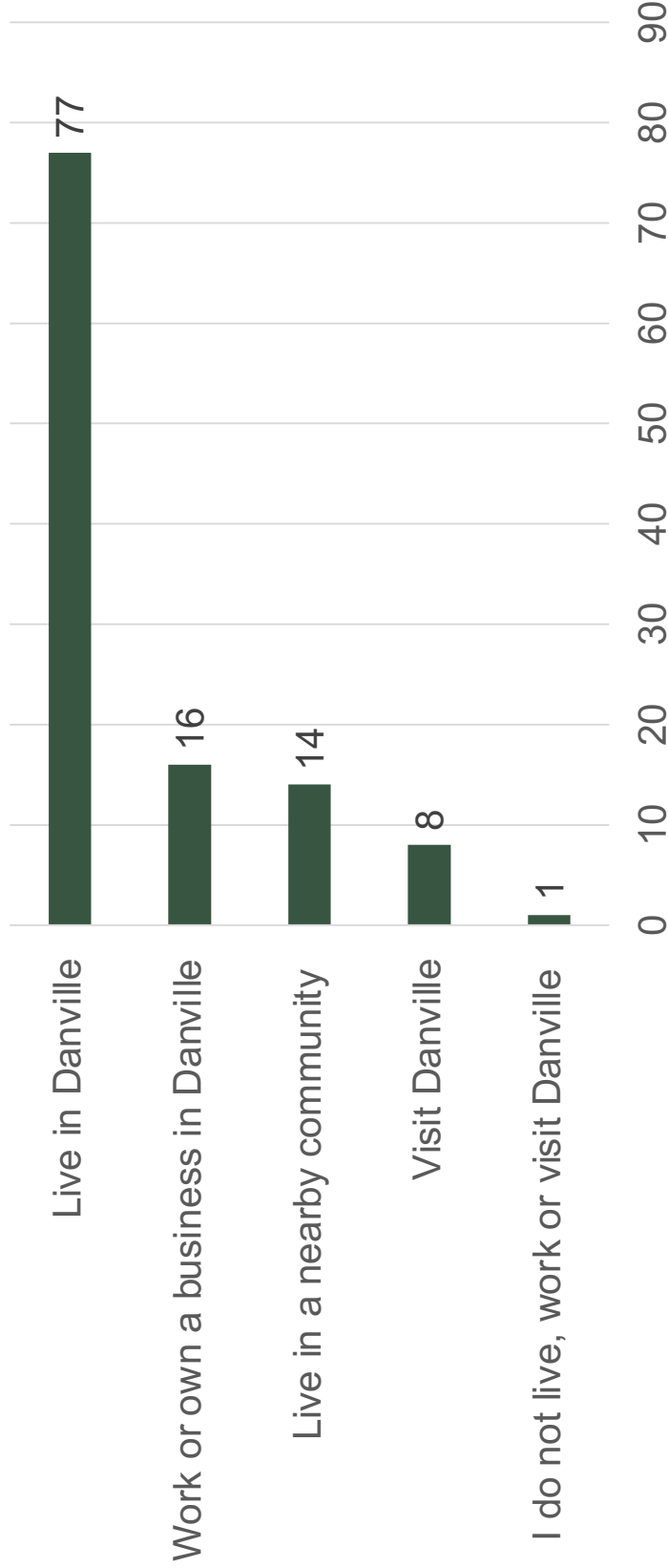
- More restaurants
- Better marketing for rentals: show how our large rooms can be transformed into something beautiful

DEMOGRAPHIC RESULTS



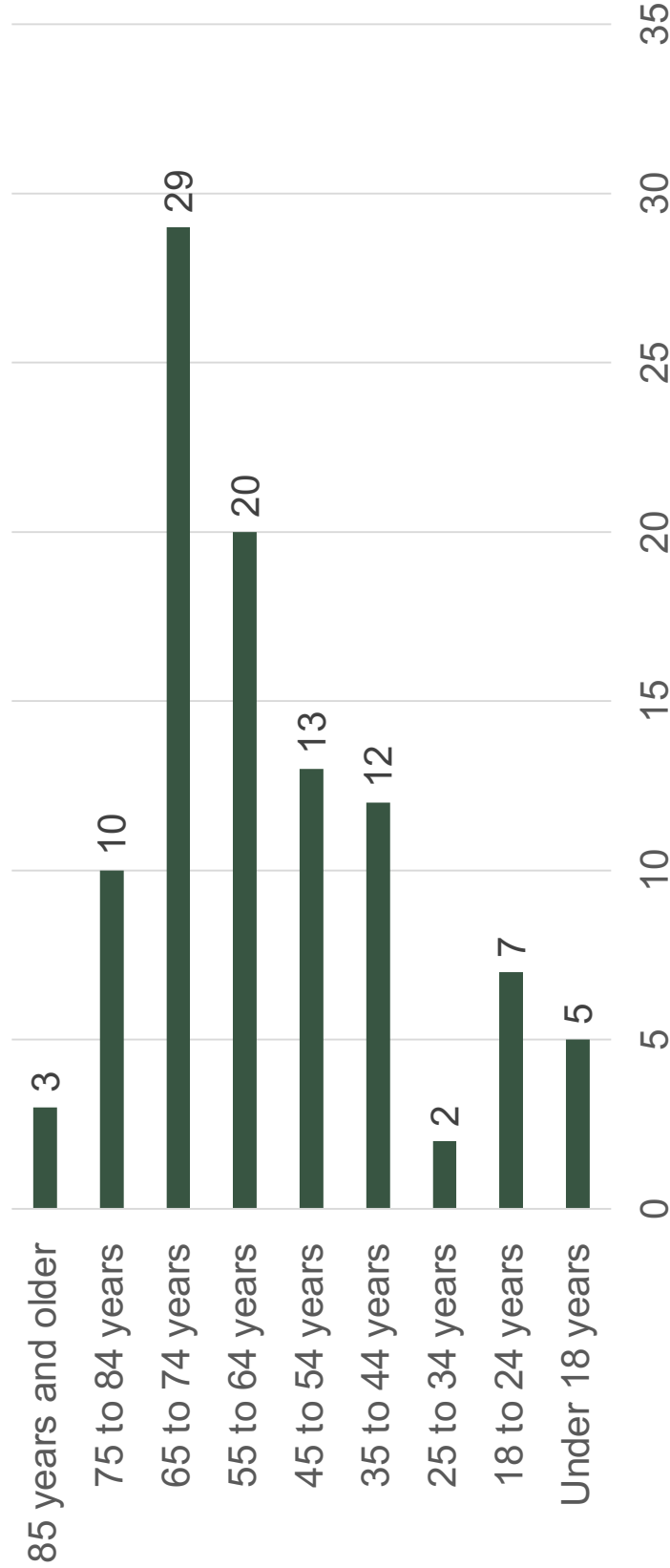
DEMOGRAPHIC RESULTS

Do you live and/or work in Danville?



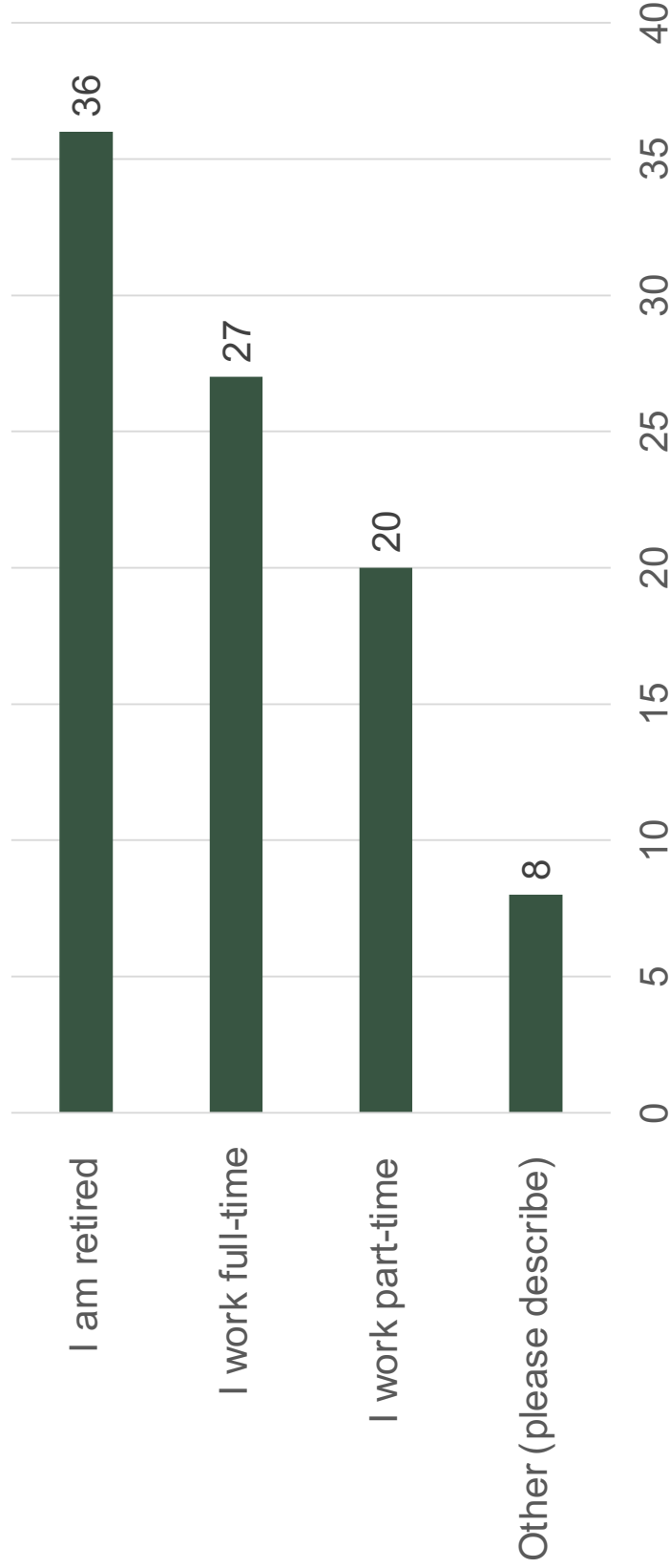
DEMOGRAPHIC RESULTS

What is your age?



DEMOGRAPHIC RESULTS

Please describe your employment status.



AGE-FRIENDLY ROADMAP SUMMARY OF STRATEGIC PLAN WORKSHOP



*Town of Danville
August 13, 2021*



WHAT BROUGHT YOU TO TODAY'S WORKSHOP?

- Help to **implement** this process
- Collaboration and being part of the solution
- Have a **vision** for our town
- As a Danville Senior Commissioner, Danville Rep to Advisory Council on Aging and other committees dealing with senior issues, I want to help move Danville toward a **more senior friendly city**
- Interested in progressing on how to formulate our age friendly roadmap. Excited to hear about the town **responses to our outreach**
- Participating as the former chair of Parks, Arts, Recreation Commission
- My role as Chief of Planning for the Town provides info regarding planning efforts and housing issues
- Attending as a representative of the **arts**
- Learn more about transportation and **access/mobility** challenges
- Plan for the **needs of our citizens** as well as the various sub-groups



WHAT MOST EXCITES YOU ABOUT THE DEVELOPMENT OF AGE-FRIENDLY ROADMAP?

- Strategic and intentional planning for an **age-friendly future**
- Moving forward toward improving the lives of our seniors
- Improvement in **quality of life** for all members of our community regardless of age
- It can benefit everyone and encourage **cross-generation** interaction
- **Solutions** to allow aging residents to remain in the community
- Danville being on the **forefront** once again in providing for its community
- Making Danville a **community** where many long-term residents can age in place
- Having a safe place for our senior population
- Engagement of all generations to **come together and connect**

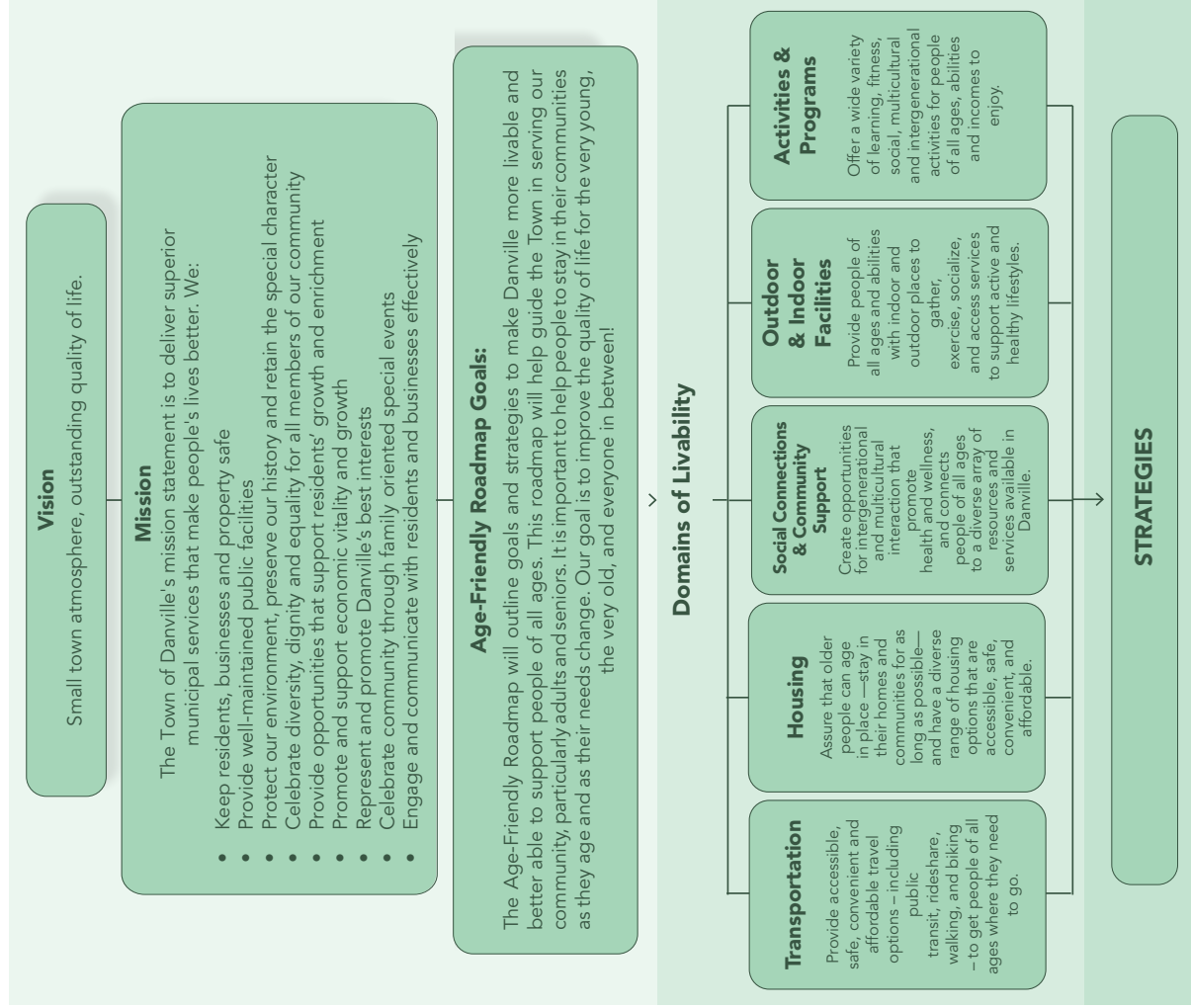


STRATEGIC PLAN FRAMEWORK





Age-Friendly Roadmap: Strategic Plan Framework



BREAKOUT GROUPS RESULTS BY DOMAINS



TRANSPORTATION

Preferred Strategies	Tally
1) Provide accessible, affordable, and safe transportation services and options for all ages and abilities to get to/from downtown and other locations for services and recreation a) Offer ride services that do not require a phone app	1
2) Create safe and well-maintained streets, sidewalks and crosswalks for pedestrians, bicyclists and motorists (well-lit, no trip hazards, traffic enforcements) a) Close Hartz Ave between Hartz Way and Diablo Rd to vehicular traffic to create a permanent walking street b) Beautify freeway interchanges into Danville c) Monitor parking lots for our safety d) Provide parking options with seniors in mind	1
3) Partner with senior living communities, shuttle services, and volunteer local drivers to improve transportation access a) Provide readily accessible mobility personal transports (electric wheelchairs, walkers) strategically placed in Danville community	2
4) Provide an environmentally sustainable transportation service to take seniors to medical appointment, Friday senior meal pickups, senior trips, remote parking, shopping, etc.	1



TRANSPORTATION

- Transportation is a **countywide** issue
- Strategies to consider:
 - Cost of purchasing a van
 - Staffing and finding volunteers
 - Inventory and communicate about current services and partnerships that exist; create new ones (retirement homes, rideshare) if needed
 - Incentives
 - Liabilities for volunteer drivers
 - Matching seniors with cars and drivers can get very involved (paratransit and transit)
 - Advocate with County Connection
 - Apply for grants
 - Friday senior meal pickup
 - Tech savviness for the next generation of older adults



SOCIAL CONNECTIONS & COMMUNITY-BUILDING

Preferred Strategies	Tally
1) Support a diverse and multi-generational community	1
2) Create more opportunities for seniors, adults, and youth to interact and get to know each other a) Meet-up groups, music classes, volunteer opportunities, community gardens, park clean up, trips to nearby parks, mentoring, technology lessons etc. b) Coffees/Tea talks, more time after or before classes	1
3) Create more events that build a community atmosphere a) Concerts in the park, multigenerational event, outdoor & indoor evening events, Easter, May 4th, and July 4th parade	
4) Establish community liaison or volunteer teams that can connect and check in on seniors who may face everyday problems (i.e., internet issues, planning medical care, etc.) a) Provide these options community in person or over the phone	
5) Encourage dignity, kindness, and respect for people of all ages and abilities a) Better training for our police in defusing tense situations.	1



SOCIAL CONNECTIONS & COMMUNITY-BUILDING CONT.

Preferred Strategies	Tally
6) Represent the values and beliefs of Danville. a) Have a small government dedicated to preserving personal and property rights	
7) Improve communication and outreach for available programs and services for seniors and other community members of all ages and abilities a) Provide consistent, clear, frequent, and accurate communication and information (connect people to the wide range of resources for older adults and seniors)	1
8) Provide resources for caregivers	
9) Ensure Danville has a range of housing options, including affordable options, that enable residents to stay in the area through all phases of life a) Encourage affordable housing near downtown and other walkable areas b) Continue the pre-packaged ADU program c) Encourage development of affordable senior living facilities with varying degrees of assistance d) Consider the impact of raising property taxes and increasing utility and water costs on residents with fixed incomes, especially retired citizens, and provide programs that help people with these costs.	3



SOCIAL CONNECTIONS & COMMUNITY-BUILDING CON'T

- **Partner with existing organizations or create more partnerships to support social activity and connections** (HOAs, schools, businesses, organizations, churches senior center)
 - Have social hours in the “low hours” of a cafe
 - Ingenuity during Covid – Brought folding chairs out for hanging out and social connections.
 - Partner with a HOA to provide low impact aquatics classes for seniors
- **Create more opportunity for social interactions**
 - Activities with grandchildren
 - Get people out of their homes and active
 - Create the opportunity to get to know people in open space
 - Have a team to help check on people with limited mobility in emergencies
- **Communicate resources and contacts for activities and events**
- **Ask “is it age friendly?”**
- **Coordinate available activities with open facilities**



OUTDOOR & INDOOR FACILITIES

Preferred Strategies		
1) Provide more flexible recreational facilities for people of all ages and abilities	3	
a) Year-round aquatic facilities b) Convert tennis courts to include pickleball c) Add pickleball courts		
2) Maintain full service senior centers that can serve as a centralized hub for assistance, information, recreation, resources, and services	2	
a) Retirement and Medicare services b) Parking at senior centers		
3) Add, maintain and preserve parks, gardens, green space, open space, and walkways for residents of all ages and abilities		
a) Enforce leash laws b) Add and maintain walking trails (e.g., benches, no uneven walkways) c) Update and maintain park facilities		
4) Provide spaces for youth to take part in various programming (academics, fine arts, performing arts, sports, and volunteerism)	1	
5) Provide more venues where seniors and people of all ages can meet	2	



OUTDOOR & INDOOR FACILITIES

- **Inventory what facilities exist, are available, and what facilities could be converted.**
 - Seniors want a place to hangout
 - Make facilities available for social events and community building
 - Use the theater, art gallery, high school facilities, library, etc
 - Create outdoor gathering spaces
 - Create intergenerational activities and universal play environments
 - Build cooling centers
- **Use and consider underutilized space**
 - Add social and activity space in underutilized areas
 - Create gathering and flexible spaces
 - Open existing facilities to as many groups as possible
 - Add covered seating areas for shade



ACTIVITIES & PROGRAMS

Preferred Strategies	Tally
1) Provide a variety of programs at different times for all ages	1
2) Provide opportunities for outdoor activities (e.g., Bocce ball, Golf, and Pickleball) and exercise classes (e.g., less-intensive hiking classes, aquatics classes, and golf lessons)	
3) Ensure program leaders and instructors are a good fit	
4) Make it easier for people to sign up for programs a) It seems like programs are filled with the regulars and interested people cannot get a spot	
5) Create affordable interesting multigenerational and cultural programs a) Senior trips b) Organized volunteer activities c) Senior programs downtown d) Add drop-in class options for people who can only attend one or a few classes due to traveling e) Offer a sliding fee scale so lower income residents can afford to participate	2



ACTIVITIES & PROGRAMS CONT.

Preferred Strategies	Tally
6) Establish a mentoring program that connect seniors/adults with students/younger using activities such as pen pals or senior "buddy" programs	1
7) Provide more emergency training for seniors and adults a) Create an emergency response plan for seniors and adults with limited mobility, minimal local family support and chronic health issues	2
8) Provide opportunities for classes and services to assist with living a full and stable lifestyle a) Tax and financial seminars, Acalanes Adult Education, technology and software programs, tech support programs for seniors, life coaching for seniors	
9) Offer informational workshops on Prop 19 and other new legislation relevant to seniors	



ACTIVITIES & PROGRAMS CON'T.

- **Create more opportunities for Intergenerational programs**
 - Mentorship between seniors and students based on their interests.
 - Transitional programs and support groups
 - Early and late retirement classes and seminars
 - Swim programs
 - Hiking groups
 - Have a fair where people presented different cultures and foods
- **Create more opportunities for emergency planning**
 - Provide emergency training at the Senior Center for our older adults
 - Put together emergency kits
- **Making people aware of programs**
 - Tabling about programs
 - Provide resources and service opportunities



ADDITIONAL COMMENTS

- **Add housing as a Domain**
 - Town has incentivized affordable housing
 - Housing strategically located, age-restricted, and for Town residents
 - Consider home sharing for employees, teachers, schools, etc.
- **Understand and identify roles and responsibilities of state, county, and city resources available**
- **Develop a social service 101**
- **Identify community champions**

