

Traces

An Exhibition Featuring Artwork by
Women's Eco Artists Dialog
The Village Theatre Art Gallery
January 14-March 12, 2021



This piece [*Offering*] comes out of my meditation practice, at the beginning of the year I was curious to merge meditation with art in a very direct way. I decided to try a morning practice of making pinch pots as a meditative morning practice. Through this practice I was led to an insight that my body extended beyond my skin and into the space I inhabited. As I began the process of sticking my thumb into the clay to form a vessel around it, I wanted to expand this process by sticking my entire body into clay and building a larger vessel around it. The piece is a direct result of that process and experience.

- Anna Vaughan