



2020 Great Shakeout Drill

This year's state-wide earthquake drill, *The Great Shakeout*, is scheduled for **October 15, 2019 at 10:15 am**

All Californians are encouraged to take part in the drill at school, home, and businesses. On this date and time, millions of Californians will practice **Duck, Cover, and Hold On**. They will assess their work and living areas to determine how “earthquake ready” their spaces are.

10.8 million participated in 2019. Be a part of the largest safety drill in history in 2020!

The Drill Scenario Is Simple:

1. **STOP**, wherever you are, at 10:15 a.m. on 10/15/20.
 - Look around your work area. Decide where you can "duck, cover, and hold on" in an earthquake.
 - Ask coworkers, clients, etc. to do the same.
 - You may use the loudspeaker to remind all staff about the drill.
2. **DUCK** – **DUCK OR DROP** down on the floor immediately, wherever you are.
3. **COVER** - Take **COVER** under a sturdy desk, table or other furniture. If that is not possible, seek cover against an interior wall and protect your head and neck with your arms. Do not run to a doorway or another room.
4. **HOLD ON**- If you take cover under a sturdy piece of furniture, **HOLD** on to it and be prepared to move with it. If you are covering your head and neck, **HOLD ON**.
 - Be prepared for aftershocks. Stay protected for a few seconds.
5. **AFTER THE DRILL, INSPECT YOUR WORK AREA:**
 - Remove heavy items that could fall from upper shelves and cause injury.
 - Look for items that are stacked too high or without enough bracing.
 - Brace or strap furniture together in stable groups or to the walls, etc.
 - Check shelving units and bookshelves with unstable contents or bracing to the wall.
 - Report any safety concerns to your Supervisor, Building Warden, and/or Safety Coordinator.
6. **GET TRAINING ON EARTHQUAKE SAFETY**
 - Great Shakeout website: <http://www.shakeout.org/california/>
 - Review the Risk Management Earthquake Tailgate Training Topic
 - Review the Earthquake Safety Actions handout
7. **GET INFORMATION ON EARTHQUAKE SAFETY**
 - Get general information on the Great Shakeout Drill at <http://www.shakeout.org/california/>.
 - Get information on California Emergency Preparedness at <http://hazardmitigation.calema.ca.gov/>.
 - Get information on Contra Costa County preparedness from the Sheriff's Office of Emergency Services at http://www.cocosherriff.org/bureaus/support_services/emergency.htm.
8. **PREPARE AT HOME**
 - Check www.shakeout.org for interactive earthquake games, videos and activities.
 - Use the 7 Steps to Safety from "Putting Down Roots in Earthquake Country" at <http://earthquakecountry.org/sevensteps/>.
 - See the website <http://www.ready.gov/> for a list of emergency supplies and making an emergency plan.

We hope you can participate in this important Annual Earthquake Drill.