



*"Small Town Atmosphere
Outstanding Quality of Life"*



When you are behind the wheel of a car driving safely should always be your number one concern.



Distracted driving is any activity that diverts ones attention from driving. Distracted driving includes:

- Talking or texting on the phone
- Eating, drinking or grooming
- Messing with the car stereo or navigation
- Talking to other passengers in your vehicle

Driving requires your full attention and it is important to take charge of eliminating distractions beforehand and know the basics of safe driving so you are able to focus on the road ahead.

- Make adjustments to your seat, steering wheel or mirrors before you get underway
- Store or take out any loose items so you are not tempted to reach for them
- Finish dressing and grooming before you get on the road
- Put aside or silence any electronic devices
- Familiarize yourself with the cars controls
- Map out your GPS ahead of time
- Try to eat before you start driving
- Always wear your seat belt and driver sober and drug free

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- Be aware of what other drivers are doing around you and be prepared to avoid it
- **SLOW DOWN!** Speeding gives you less time to react
- Keep a 2-5 second cushion between you and the car in front of you