



**MONDAY**

**SENIOR  
LUNCH**

**program**

**Age 60+**  
**Mondays at Noon**  
at the Danville Senior Center

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**\$3 suggested contribution**  
for participants 60 years and older is welcome.

**Reservations can be made by**  
**calling 925-314-3430**  
by noon on the Friday before attendance.

Selections include a regular entrée, vegetarian  
entrée, or the salad of the month.

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**Current menu options on the back. For more  
information visit: [danville.ca.gov/seniors](http://danville.ca.gov/seniors).**

PRESENTED BY CONTRA COSTA COUNTY  
& THE TOWN OF DANVILLE



 MONDAY

# SENIOR LUNCH program

## February Menu:

### FEBRUARY 2

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BBQ Pork Riblet  
Candied Spiced Yams  
Green Beans  
Whole Wheat Roll  
with Butter  
Applesauce

#### Vegetarian Option:

Chana Masala with  
Brown Rice  
Collard Greens  
Diced Beets  
Fruit/Dessert

### FEBRUARY 9

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Spaghetti with Turkey  
Bolognese Sauce &  
Parmesan Cheese  
Italian Vegetables  
Marinated Beets & Onions  
Tropical Fruit

#### Vegetarian Option:

Spaghetti with  
Vegetarian Meatballs  
and Marinara Sauce  
Mixed Vegetables  
Cauliflower  
Fruit/Dessert

### FEBRUARY 23

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Parmesan Chicken with  
Marinara Sauce & Whole  
Grain Rotini  
California Vegetables  
Garden Pea Salad  
Juice  
Cookie

#### Vegetarian Option:

Buffalo Tofu with  
Brown Rice  
Broccoli  
Peas & Carrots  
Fruit/Dessert



**Lunch will not be served on February 16 in observance of Presidents Day.**

All meals served with lowfat milk. Two daily alternative entrée choices:  
vegetarian or featured entrée salad (Cranberry Walnut Chicken with  
Balsamic Vinaigrette).



**DANVILLE**  
CALIFORNIA