

# DANVILLE • CALIFORNIA

## PROCLAMATION AMERICAN HEART MONTH FEBRUARY 2025

*WHEREAS, in the United States, more than 120 million people are living with a cardiovascular condition; and*

*WHEREAS, in the United States, heart disease has long been the leading cause of death, claiming over 700,000 lives a year; and*

*WHEREAS, the best way to prevent heart disease is sustaining a healthy lifestyle by eating a heart healthy diet, not smoking, limiting alcohol beverage consumption and exercising daily; and*

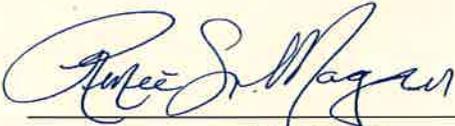
*WHEREAS, achieving high survival rates in sudden cardiac arrest depends on a public that is trained in cardiopulmonary resuscitation (CPR) and the use of an automated external defibrillator (AED); and*

*WHEREAS, Contra Costa County Health Services has designated the Town of Danville as a HeartSafe Community in partnership with the City of San Ramon, the San Ramon Valley Fire Protection District, the San Ramon Valley Unified School District, and the Contra Costa County Emergency Medical Services, where the public is educated on heart-healthy lifestyles of exercise, nutrition, and knowing how to use CPR and an AED; and*

*WHEREAS, the Town of Danville will work in conjunction with the San Ramon Valley Emergency Preparedness Citizen Corps Council and Contra Costa County Emergency Medical Services to continue to educate the public on maintaining a heart-healthy lifestyle; now, therefore, be it*

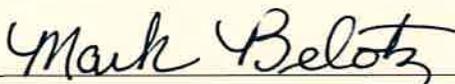
*RESOLVED, that the Danville Town Council hereby proclaims the month of February 2025 as American Heart Month, rededicating ourselves to fighting heart disease by improving our own heart-healthy habits, and by raising awareness in our homes and creating a Heartsafe Community.*

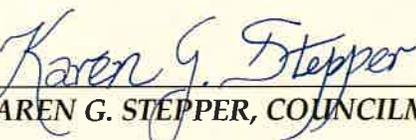
*IN WITNESS WHEREOF, We have hereunto set our hands this 18<sup>th</sup> day of February 2025.*

  
RENEE S. MORGAN, MAYOR

  
NEWELL ARNERICH, VICE MAYOR



  
MARK BELOTZ, COUNCILMEMBER

  
KAREN G. STEPPER, COUNCILMEMBER

  
ROBERT STORER, COUNCILMEMBER